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San Juan Safe Communities Connection eNewsletter

February
2010

www.sjsci.org
www.umattr.com

DIRECTORS CORNER

Hello friends,

Another month has come and gone. It just seems like the other day when it felt so foreign to write 2010 on my checks, but how quickly we adapt, huh? Last month we provided a nice recap of the "Drill Down" strategy, and I would recommend your going back and looking over the January, 2010 Director's Corner to get a good 30,000 foot view of what we mean when we say we are drilling down to the causation layer here in San Juan County.



This time, I want to really begin to focus on where we are going from here, in terms of the implementation of our drill down strategy. Last August, 2009 a community assessment was conducted by our good friend, Phil DeVol, followed by a two day "Bridges Out Of Poverty" training last October. Those two events told us whether we were ready to implement the overall Bridges curriculum and gave us a good understanding of the differences between the socio-economic groups in a community. The next step was to train motivated persons within our area to begin working in our neighborhoods that appear to be lacking in various resources. Toward that end, we trained 18 people in January, to work with the youth and young adults by utilizing a program called "R Rules." We just finished training 36 people to work with adults in these same neighborhoods through a class called "Getting Ahead in a Just Getting' By World."

The next step is really two fold. We, first, need to identify those in our community who would best be served by the R-Rules and Getting Ahead information, then set up the meetings to impart that information. The next order of business, which really needs to take place simultaneously with the first, is to develop a network of community mentors who can be available as part of a safety net for the graduates of the resource training.

This is a critical step and if any of our members or friends would like to be a part of this adult mentoring system, please contact our office at the number or email listed at the end of this letter.

Anyway, developing these two pieces will be the main focus of our efforts as we move forward over the next couple of months.

This past month has been very busy for us here at Safe Communities as we continue to meet to work on various aspects of our strategies. Our Prevention sub-

committees have been very busy with the Business Partnership Development, the Bridges, and the R-Rules groups all beginning to get organized.

We have been in heavy planning mode as we put together our fundraising event with the Harlem Ambassadors basketball team playing some our local fire and police officers, at Farmington Gymnasium, this coming Wednesday, March 3rd, at 7pm.

We will be giving an autographed basketball away at half time, and the players from both teams will be available to provide autographs. The UmattR teens will be there to sign their cards as well. KPCL radio station will be providing a remote update periodically during the game and will be holding a fundraiser on the air for us the entire day on March 3rd.

Earlier in the day, on the 3rd, the Harlem Ambassadors team will be conducting two school assemblies, at Ladera at 10:30am, and McCormick at 1:30pm. They will be presenting a great anti-gang/drug message to the kids.

If you do not have your tickets, please contact our office for advanced tickets, or you can purchase the tickets at the door. It should be a great event for the whole family, and I would like to thank Sgt. Pat Cordell and Chief Terry Page for all their help in making this happen.

We have also been working with The Farmington Public Library, The Farmington Boy's and Girl's Club, ENLACE (Engaging Latino Communities for Education), and the New Mexico Forum for Youth to plan our Spring Conference and Youth Summit which will be held Friday, April 30th, and Saturday, May 1st. We talk much more about this event later in this newsletter, but please understand that our office is very excited about working with so many to make this the best, and most relevant, Spring Conference we have had.

We have been working on a couple of grants that specifically target early childhood education and our plans for the Sycamore Park Community Center skate park. As time goes by, I will be discussing much more concerning the early childhood development piece, as we have not been awarded the grant yet, and Tim Allen has teamed with Sherri Grona presented a brief article in this issue talking about how you can help us get a Pepsi grant for a new skate park.

I believe that about covers what we have been up to, but as always, if you have questions or comments about anything we are working on, please call our office at 505-599-1492 or send an email to info@sjsci.org. Until next month, take care.

Dan D.

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COMMUNITY CALENDAR

For All Community Events, Visit:

[San Juan Safe Communities Calendar](#)

[National Non-Profit Calendar of Capacity Building Training & Events](#)

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:: UPCOMING EVENTS & TRAINING

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Safe Communities Spotlight

Farmington Police and Fire Heroes (Holsters and Hoses) Vs. Harlem Ambassadors Basketball Game March 3, 2010

Be sure to catch our Farmington Police and Fire heroes play a fundraising basketball game against the Harlem Ambassadors at the Farmington High School Gym on March 3, 2010! Tickets on sale now!

Advanced tickets are available now, Prices as follows:

Youth and Seniors (60+) - \$7
Adults (19-59) - \$10
Children Under 6 free

At the door:

Youth and Seniors (60+) - \$9
Adults (19-59) - \$11
Children Under 6 free

Visit www.sjsci.org to buy your tickets online or call (505) 599-1490

New Mexico Youth and Community Summit

[Register Now! Click Here!](#)

The conference will be held on Friday, April 30, 2010 beginning with El día de los niños/El día de los libros (Children's Day/Book Day) Tailgate Party at the Farmington Public Library from 3 p.m. until 5 p.m. If you are interested in setting up a free booth to showcase what is available afterschool and during the summer months in your organization, register [here](#). During this time, San Juan Safe Communities Initiative will host booths for the community and the

Every Monday

6-8pm

ECHO Financial Education

Sycamore Park Community Center,
1051 Sycamore Street, Farmington, NM

Every Tuesday

9-10am

Grandparent Support Group

Sycamore Park Community

Center, 1051 Sycamore St.,

Farmington, NM

For more information call 505-
565-2480, 564-4460

Every Wednesday

5:30-7pm

Parent and Grandparent Support Group

First Presbyterian Church, 865 N.

Dustin Farmington, NM

564-4460

Every other Thursday

March 4, 18, April 1, 2010

Professional Support Group

12-1pm.

March 18th - 6-7pm

2800 Hutton Avenue, Farmington
NM 87402

Every Friday

RU Reformers Unamious

7pm - 9pm

Bible Baptist Church

Every Saturday

2-3pm

Parent/Caregiver Support Group

Farmington Civic Center, 200 W.

Arrington, Farmington NM 87401

505-860-5038

March 1-6, 2010

9am-2pm

Flag Football & Co-ed Volleyball

Registration

Farmington Boys and Girls Club

New Mexico Forum for Youth in Community will present a community dialog in the multi-purpose room for interested attendees during the Tailgate Party.

Events continue at 6 p.m. with a dinner snack and San Juan Safe Communities Initiative encouraging a conversation between youth and adults in the community. Blended Zine will release the new issue at 7 p.m. at this event. The event concludes at 9 p.m. when youth are invited to attend the Rescue Cinco de Mayo from the alcohol industry campaign/dance hosted by ENLACE & San Juan College Associated Students from 7 p.m. to 10 p.m. and to attend a swim/movie at the Aquatic Center from 10 p.m. until midnight!

On Saturday, May 1, 2010 the conference begins with registration and breakfast at the Boys & Girls Club of Farmington at 8 a.m. Breakout sessions begin at 9 a.m. designed for middle and high school students; public, private, and special focus, youth from state-wide organizations, and community members who are currently working and partnering with youth or who are interested in starting a project together. Participants will be admitted FREE but must register by April 15, 2010 [here](#). A youth panel discussion with a lunch will conclude the event by 2 p.m. Space will be limited to 300.

Everyone is responsible for their own transportation and accommodations.

UmattR Trading Card Program

There are still sponsorship opportunities available for the 2009-2010 uMattR Trading Card Program. Please email info@sjsci.org

Main Club

March 3, 2010

7-9:00pm

Harlem Ambassadors VS. Farmington Holsters and Hoses

Farmington High School Gym

For tickets go to www.sjsci.org or call (505)599-1492

March 8-12, 2010

9am-2pm

Flag Football & Co-ed Volleyball Late Registration

Farmington Boys and Girls Club Main Club

March 9, 2010

3:30-4:30pm

Keep It Clean

Sycamore Park Community Center

1051 Sycamore Street, Farmington, NM

March 18, 2010

9am-12pm

Dine' Ba Hozho Coalition / Drug Free Communities Meeting

Please contact Raymond Keeswood at raykeeswood@yahoo.com for more information

March 18, 2010

3:30-5pm

Community Health Improvement Council Meeting

Rehabilitation Hospital

525 South Schwartz Avenue

Farmington, NM 87401

March 18, 2010

6-7pm

Professional Support Group

2800 Hutton Avenue, Farmington

NM 87402

March 22-26, 2010

7:45am-5:30pm

Boys & Girls Club Week

The UmattR Teens have been extremely busy attending school assemblies the past month. Thanks to Country Club Elementary, Lydia Rippey Elementary, Park Avenue, McKinley Elementary, and McCoy Elementary for allowing the teens to present to your schools.

The teens will be present at the Harlem Ambassadors vs. the Farmington Holsters and Hoses basketball game on March 3, 2010. They will be signing cards and speaking with children on how to stay drug free.

The teens will also be present at the NM Youth and Community Summit April 30th and May 1. Be sure to [register now](#) to be a part of this exciting and most relevant event to date!

Also, if you want the UmattR teens to come to your place of work or school, please email umattr@hotmail.com to schedule a date and time!

Pepsi Refresh Grant: "Skate Into the Future"

San Juan Safe Communities is supporting the construction of a skate park at Sycamore Park Community Center. This park is key to the Center's "Skate In To The Future" program and this idea is in the running for a Pepsi Refresh Grant. The "Skate In To The Future" program seamlessly combines nutrition education with exercise instruction and physical activity. In addition to building healthy habits, participants will learn about skateboarding and practice techniques in a closely supervised venue. The children, ages 10 to 18, also will have opportunities for

All clubs

Interesting



PREVENTION

Prevention Committee activities

We are looking for anyone who might want to volunteer to sit on one of our various sub-committees to drill down and focus on specific issues in the following areas: Community Center Programming, Bridges Community Programming, Business Partnership Development, Data Utilization or the Epi Workgroup, Violence Prevention, Gang Prevention or Alcohol Program Development.

If you are interested in working on any of these areas, please email us at info@sjsci.org or call our office at 505-599-1492, or contact the Prevention

character development. Overall, the program will support children in a safe, drug free environment. The Center could get \$25,000 to construct the park if our idea gets enough votes. The idea with the most votes every month get funding. Starting March 1st, vote for up to 10 of your favorite ideas every day. So, vote often and help construct a skate park for children on Farmington's south side.

[Click Here to Vote!](#)

Mayor's Teen Advisory Council

The Mayor's Teen Advisory Council (MTAC) is looking for middle school to high school youth who are active and committed to their community and who want to have a voice in city government and get other youth involved in their community. MTAC is a youth-led organization with youth from diverse backgrounds. Youth provide a voice in local government and a "seat at the table" with regard to youth issues. MTAC meets monthly during the school year on the first Thursday of the month in the Teen Zone at the Farmington Public Library at 7pm.

Fill out an application for MTAC at www.infoway.org by clicking on TEEN ZONE and answer in narrative a response to the questions below.

Applications can be submitted to teenzone@infoway.org or taken to the Teen Zone at the Farmington Public Library, 2101 Farmington Avenue, Farmington, NM 87401 by 5:00 p.m. February 1, 2010. All questions can be directed by email to teenzone@infoway.org or by calling 566-2201.

Please enjoy these warm and wonderful

Committee Chair, Pamela Drake at drakep@sjcpartnership.org.

Bridges Out of Poverty / Getting Ahead training schedule:

Local Instructors - Getting Ahead classes (15 two hour classes), beginning March, 2010

Local Instructors - Getting Ahead understanding, for School Districts, Spring, 2010

Phil DeVol - Community Resource Development, Summer, 2010

Get Ready for National Inhalants & Poisons Awareness Week

While some illicit drugs are on the decline, according to the 2009 Monitoring the Future survey, inhalants are the number one drug of choice by "tweens" and middle schoolers. National Inhalants & Poisons Awareness Week (NIPAW), held March 14-20, is an opportunity to raise awareness of the dangers of inhalants and to get your community engaged on this issue.

Read more [here](#).

Be Part of a Nationwide Awareness Campaign March 2010

March is prescription and over-the-counter-drug awareness month, and Drug Free America Foundation is weighing in on this very important issue. Nearly one in five teens has used prescription medications to get high, and two in five believe prescription medications are safer than illicit drugs.

photos*Intervention/Treatment*

We are looking for anyone who might want to volunteer to sit on one of our various sub-committees to drill down and focus on specific issues in the following Intervention/Treatment areas: Intervention Program Development, Treatment Program Development, Supportive Housing Initiative, or Street Gang Intervention System Development.

If you are interested in working in any of these areas, please email us at info@sjsci.org or call our office at 505-599-1492, or contact the Intervention Committee Chair, Rob Mitchell at rmitchell@sjcounty.net.

How to find a treatment center

[Click here to find a local treatment center](#)

In Pinellas County, Florida the medical examiner toxicology reports found that prescription drug overdose deaths involving oxycodone rose from 61 in 2001 to 308 in 2008. Cities nationwide are also experiencing similar dramatic increases.

Help keep kids safe in your community by organizing an "Rx OTC Awareness Month" event today. All material will be provided to you - just find a venue. One way to reach parents and caregivers with this vital message is at an elementary, middle or high school function. It can also be part of a town hall meeting or an educational effort in the workplace, such as the Lunch and Learn sessions Drug Free America Foundation is presenting. For more information, or to host an event, please visit

www.rxotcawarenessmonth.com, or call (248) rxotc95 (248) 796-8295.

The Meth Project

www.methproject.org

New Statewide Survey Reveals Wyoming Teens Are Becoming More Aware of the Dangers of Meth Use:

Data Shows Significant Increases in Perception of Risk of Trying Meth Even Just Once or Twice

Casper, Wyoming-July 1, 2009

The Wyoming Meth Project today released the results of the 2009 Wyoming Meth Use & Attitudes Survey, the second statewide survey to examine the attitudes and perceptions that Wyoming teens have toward methamphetamine use.

The results show that since the launch of the Wyoming Meth Project's prevention campaign in 2008, Wyoming teens have become more aware of the

Narconon network celebrates its 44th birthday

The Narconon drug rehabilitation program began on February 19th, 1966, based on a decision by Arizona State Prison inmate by the name of William Benitez. After reading a book by humanitarian L. Ron Hubbard, "The Fundamentals of Thought", Benitez recognized there could be a whole new approach to curing himself and helping others get permanently off drugs - concentrate on your abilities, rather than your addiction. It sounds simple now, but it wasn't to an inmate who had tried every other method to get off drugs way back in '66.

It worked. Benitez created a new program and helped dozens of others get off drugs in the prison, too. Following his release, he continued his mission by starting to deliver drug education presentations to students, one of the first persons to do so. It set an example now followed by Narconon® drug education specialists all over the world, reaching millions of youth. The Narconon drug education curriculum has even been studied and found to reduce drug use in all categories addressed. Benitez also founded the first Narconon residential treatment center in Los Angeles, from which have descended centers across the world, from Nepal to Cape Town, St. Petersburg to Oklahoma. Since 1995, when the network began to keep formal track, 30,000 persons have graduated the full four-to-six month life skills program.

Guiding People Toward Change: The Spirit of Motivational Interviewing

Motivational Interviewing (MI) is a

dangers of Meth use-62% of teens believe there is "great risk" in taking Meth even just once or twice. That represents an increase of nearly ten points since teens were first surveyed prior to the launch of the campaign. Wyoming teens also report that their attitudes about Meth have been directly impacted by the Wyoming Meth Project's statewide advertising campaign-70% of teens report the ads made them more aware of the risks of Meth and 72% say the ads have made them less likely to try Meth.

"The Wyoming Meth Project has made incredible progress over the past year and has changed the way many teens think about Meth," said United States Representative Cynthia Lummis. "The message is getting through, thanks to the Meth Project, more teens understand that Meth is a dangerous drug with terrible consequences. The good news is every young person we reach with that message means one less person in a Wyoming courtroom or drug treatment program."

The data also show that Wyoming teens are more aware of specific negative physical, behavioral, and emotional consequences associated with Meth use than they were a year ago.

Significant increases in perceived risks of changes in behavior or appearance were reported in 13 of the 14 risk areas measured. More than 80% of teens agree that trying Meth just once increases the risk of negative outcomes such as tooth decay, brain damage, insomnia, paranoia, and death.

Respondents also indicate that methamphetamine use could change their behavior, make them more likely to steal, have sex with someone they didn't want to, or become violent-perceptions of risk in each of these areas were up by more than ten points compared to 2008.

person-centered, empathic, guiding approach that can lead people to make significant changes in their lives. The practice of MI involves a creative combining of spirit and technique-or what has been described as "practicing kindness with skill." This webcast will explore what is meant by the spirit of MI, why it is essential, and how we can embrace and embody this spirit more fully in providing care for people experiencing homelessness.

NIDA to Host "Blending Addiction Science and Treatment" Conference

The National Institute on Drug Abuse will host the [8th Blending Conference](#): "Blending Addiction Science and Treatment: Evidence-Based Treatment and Prevention in Diverse Populations and Settings," on April 22-23, 2010 in Albuquerque, New Mexico.

What: A 2-day conference that will bring together clinicians and researchers to examine cutting-edge scientific findings about drug abuse and addiction and their application to clinical practice.

Why: NIDA Blending Conferences are designed to narrow the "translational gap" by disseminating science-based findings and placing them directly into the hands of practitioners. These science-based advances range from the latest findings on screening and brief intervention, co-occurring disorders, drug courts, and prescription opioid abuse -- to the Blending Team projects which address motivational interviewing, buprenorphine, and motivational incentives.

Hosts: [The National Institute on](#)

"The results of the Wyoming Meth Use & Attitudes Survey are very encouraging and indicate we are on the right track," said Natrona County District Attorney Michael Blonigen. "The change in attitudes has already had an impact in the courtroom with people of all ages. We have seen a decrease in both the number of possession of Meth cases as well as distribution of Meth cases.

We have also seen a decline in other Meth related crime. Based on our initial progress, I am confident that a continued focus on public education will lead to a significant decline in Meth use in Wyoming."

The Meth Project,
www.methproject.org

NEWS & PUBLICATIONS

ARTICLES OF INTEREST

New Mexico House Passes Bill Allowing Judges To Sentence Drug Offenders to Treatment

Despite rejecting the Substance Abuse and Crime Prevention Act (HB 178) on February 12, the New Mexico House amended and passed the measure on February 16. HB 178 would allow judges to sentence drug-involved offenders to substance abuse treatment rather than jail. Under the bill, the offender would pay for treatment and the state may pursue charges if the offender fails to complete treatment. The bill is now on the New Mexico Senate calendar.

N.M. parents upset over porn mix-up in classroom

Cliff High School students studying World War I history saw a few seconds of pornography during viewing of a

[Drug Abuse \(NIDA\)](#) in conjunction with the [Southwest Node](#) and the [California-Arizona Node](#) of the [National Drug Abuse Treatment Clinical Trials Network \(CTN\)](#).

When: Thursday and Friday, April 22-23, 2010

Where: [The Albuquerque Convention Center](#).

Who Should Attend: Drug treatment counselors, social workers, healthcare providers, criminal justice staff, marriage and family counselors, public health workers, physicians, researchers interested in drug abuse and addiction issues, and the media are encouraged to attend. Registration: Special rates are available for Early-bird registration (ends March 1), Students (ends April 5), and for Groups of 4.

For details and registration, please [click here](#).

SAMHSA Helps Treatment Programs Address Clients' Suicidal Thoughts, Behaviors

The Substance Abuse and Mental Health Services Administration (SAMHSA) has released a new Treatment Improvement Protocol (TIP 50) aimed at helping treatment programs address clients' suicidal thoughts and behaviors.

Suicide is a leading cause of death among people who abuse alcohol and drugs. For many reasons, people in treatment for substance use disorders are at especially high risk of suicidal thoughts and behaviors and for this reason SAMHSA has published [Treatment Improvement Protocol \(TIP\) 50: Addressing Suicidal Thoughts and Behaviors](#)

video about the 1919 Treaty of Versailles. A History Channel program apparently had been recorded over a porn tape. [Read full story](#).

[Children's Exposure to Violence: A Comprehensive National Survey](#)

Office of Juvenile Justice and Delinquency Prevention, 2009

[Teen Dating Violence: A Closer Look at Adolescent Romantic Relationships](#)

National Institute of Justice, 2008

[Understanding Teen Dating Violence](#)

Centers for Disease Control and Prevention, 2009

National Drug Control Budget Released

ONDCP announces the release of the [FY 2011 National Drug Control Budget](#). The proposed budget devotes significant new resources to the prevention and treatment of drug abuse and incorporates an aggressive effort to enhance domestic law enforcement, interdiction, and supply control programs. (ONDCP)

One In Ten Jobless Young People Driven To Drugs Or Alcohol

Older teenagers and young adults who are out of work face poorer health and lower happiness, with one in 10

[in Substance Abuse Treatment.](#)

This TIP will assist substance abuse counselors working with adult clients who may be suicidal and will help clinical supervisors and administrators support the work of substance abuse counselors. TIP 50 is organized into three parts:

Part 1 (for counselors) provides the what, why, and how of working with clients in substance abuse treatment who have suicidal thoughts or have attempted suicide.

Part 2 (for administrators) clarifies why program administrators should be concerned about this clinical issue.

Part 3 (for clinical supervisors, interested counselors, and administrators) consists of three sections: an analysis of the available literature, an annotated bibliography, and a general bibliography.

To facilitate ongoing updates (which will be performed every 6 months for up to 5 years from first publication), the literature review is **[available only online \(PDF\).](#)**

Airing in April: When Love Is Not Enough: The Lois Wilson Story

On April 25, Hallmark Hall of Fame presents *When Love Is Not Enough: The Lois Wilson Story*, based on the book of the same title written by William G. Borchert, a close personal friend of the Wilsons. The film will star Wynona Ryder as Lois Wilson and Barry Pepper as Bill Wilson, the founder of Alcoholics Anonymous. Mr. Borchert long felt that the story of Al-Anon was an important one to tell, in particular Lois Wilson's heroic role in the founding of Al-Anon. In addition to being a story about the founding of

claiming that unemployment drove them to drugs or alcohol, according to new research conducted in the U.K.

[Read More.](#)

The President's budget

The President released his FY 2011 Budget Request on Monday, February 1, 2010. The following is a table of this budget as it relates to prevention/intervention/treatment and the grants programming:

[View PDF](#)

FAMILY WELLNESS, PARENTING, AND MENTORING

Attorney General Highlights Importance of Fatherhood at Town Hall Meeting

On December 15, 2009, the White House Office of Faith-Based and Neighborhood Partnerships and Attorney General Eric Holder cohosted a **[Fatherhood Town Hall Meeting](#)** at Morehouse College in Atlanta, GA. The Town Hall session discussed the importance of fatherhood and focused on ways in which the criminal justice system can support the reentry of incarcerated fathers back into the community.

"More than 1.5 million American children have fathers in prison," the Attorney General noted in his address, "And we know that children of incarcerated parents suffer from the physical and emotional separation, the stigma associated with having a parent detained, the loss of financial support, and the disruption caused by introducing new caregivers into a child's life."

Approximately 700,000 people return to their communities from prison

Al-Anon, the movie is a true love story and has the potential to be an inspiration to millions of people everywhere. The movie will air on CBS.

The Penn Resiliency Project

[PRP](#) is a group intervention for late elementary and middle school students. The curriculum teaches cognitive-behavioral and social problem-solving skills and is based in part on cognitive-behavioral theories of depression. PRP teaches a variety of strategies that can be used for solving problems and coping with difficult situations and emotions. The skills taught in the program can be applied to many contexts of life, including relationships with peers and family members, as well as achievement in academics or other activities. For curriculum availability visit the PRP [website](#).

Rehabilitation for Opiate Addiction Without Maintenance Drugs

The Narconon program provides successful drug-free rehabilitation for people addicted to heroin, oxycodone and other opiates without putting them on methadone or buprenorphine.

Los Angeles, CA - According to recent survey information from the Treatment Episode Data Set (TEDS), more than 350,000 people throughout the country entered some form of treatment or [rehabilitation program](#) listing an opiate as their primary drug. Opiate addiction has been a major problem in America for decades. The main difference has

every year. However, only a small percentage of these people receive any help preparing for their return. Research reveals that incarcerated men who maintain strong family ties while behind bars are more successful when they are released. They have an easier time finding jobs and staying off drugs. In fact, a recent study done for the U.S. Department of Health and Human Services found that people who were married or in committed relationships were half as likely to use drugs or commit new crimes after they returned to their communities. Family connections-and responsible and engaged parenting-improve public safety.

In fiscal year (FY) 2009, \$25 million was appropriated to the Office of Justice Programs' Bureau of Justice Assistance (BJA) for the Second Chance Act of 2007, the first legislation ever enacted authorizing federal grants to government agencies and nonprofit organizations to provide employment assistance, substance abuse treatment, family programming, mentoring, and other services to help reduce recidivism and offer ex-offenders a chance to lead productive lives.

Study Says Drinking with Your Kids Doesn't Prevent Abuse

Dutch teens who were allowed to drink alcohol at home drank more outside the home than their peers and - - along with other teens who drank -- were at increased risk of developing alcohol problems, according to researchers from [Radboud University Nijmegen](#).

The study authors tracked 428 Dutch families with two children ages 13-15. They found that teens who drank at home also drank more on their own, and vice-versa, suggesting that teen

been what type of opiate, such as morphine, heroin, oxycodone, hydrocodone or other synthetic drugs. Over the years there has also been a push by the pharmaceutical industry to get opiate addicts onto their replacement drugs such as [methadone](#), and more recently, buprenorphine.

Opiate addiction comes with very heavy withdrawal symptoms, and so many addicts are drawn to the idea of not having to experience them by taking a legalized substitute that feeds their bodies' dependency, but hopefully with less behavioral consequences. It's a genius sales tactic that has generated billions of dollars for the drug industry and methadone clinics, many of which are for-profit corporations instead of non-profit treatment centers.

The National Survey of Substance Abuse Treatment Services (N-SSATS) showed that on the day of the last survey there were more than 260,000 Americans who were being given methadone as a substitute drug. While methadone clinics made up just about ten percent of the total treatment facilities, they had the highest average number of clients to accumulate more than 22 percent of all people receiving services for substance abuse. In addition, more than one-third of programs that prescribed methadone didn't even offer detoxification - they were strictly dispensaries for maintenance drugs.

Read complete article [here](#).

SUCCESS STORIES

Success Stories - Life after Meth
From [drugfree.org](#)

drinking begets more teen drinking regardless of setting.

"The idea is generally based on common sense," said researcher Haske van der Vorst. "For example, the thinking is that if parents show good behavior -- here, modest drinking -- then the child will copy it. Another assumption is that parents can control their child's drinking by drinking with the child."

However, the study demonstrated that, "If parents want to reduce the risk that their child will become a heavy drinker or problem drinker in adolescence, they should try to postpone the age at which their child starts drinking," said van der Vorst. The research was published in the January 2010 issue of the [Journal of Studies on Alcohol and Drugs](#).

GRANT WRITING

For full list of grant resources, go to:

[San Juan Safe Communities Grant Funding](#)

[San Juan Safe Communities Grant Writing](#)

[SAMHSA Funding Opportunities](#)

[2010 Drug Free Communities Program Grants Now Available](#)

Funding for the 2010 Drug Free Communities program is now available. The 2010 DFC Request for Applications (RFA) is available online. ONDCP expects to award approximately \$18.75 million for 150 new competing grants to support the efforts of community coalitions working to prevent and



Stephanie Ratzell
Thorton, CO
41

My Keys to Recovery

What helps you stay strong? I know that regardless of any challenges that life hands me today, I have been through worse and I will be ok; I just have to be patient!

Moments of Truth

The moment of truth for me was when the cops and a social worker knocked on my door to take my kids away and arrest my abusive boyfriend, and all I wanted to do was put on some makeup before I answered the door, because I knew they would see my sores and how tired I looked.

Recovery From Relapse

I relapsed from cocaine addiction into meth addiction a couple of years later. I stayed sober for one year, relapsed into alcohol and meth for six months, and I have now been sober for over three years. I had to rebuild my support system, learn how to protect my sobriety by not being around people I used to know, stopped going to the bar (I bought my own karaoke machine that I can use at home!) and to just focus on taking care of myself and my family. I can't be around certain family members for extended amounts of time because of their abrasive personality that I can't relate to-some

reduce substance use among youth.
Deadline: March 19, 2010.

OJJDP Reentry Grants program

On December 22, 2009, BJA and OJJDP announced the [release](#) of FY 2010 solicitations for their joint Second Chance Act Adult and Juvenile Offender Reentry Demonstration Projects. Funding allocated for these FY 2010 awards totals \$37 million. To be eligible for funding, the jurisdiction preparing the application must have developed a reentry strategic plan, which includes a detailed implementation schedule as well as extensive evidence of collaboration with key public and private stakeholders. Applications are due no later than **March 4, 2010**.

Senators Leahy and Grassley Introduce Emerging Drug Trends Legislation

On Wednesday, February 24th, Senators Patrick Leahy (D-Vt.) and Charles Grassley (R-Iowa) announced the introduction of the Drug Free Communities (DFC) Enhancement Act of 2010. If passed, this legislation would allow current and former DFC grantees to apply for grants of up to \$75,000 per year to implement comprehensive, communitywide strategies to address emerging local drug issues or drug crises.

[Read more.](#)

Mentoring Grants Available for DFC Coalitions

Applications are now being accepted

of them still use too! I participate in non-profit groups that advocate recovery from addiction, as well as education and healing through the arts for survivors of sexual and domestic abuse.

What Made Me Try It

My parents used drugs around me when I was younger, so it was something I wanted to try because they did it. Plus when I drank, I was up for just about anything.

Lessons Learned

I am grateful for my life today. I see how my experience can help others, and I have a purpose I never realized I had before.

My Advice

Don't let pride and shame keep you from asking for help. Most people won't judge you, they just want to see you succeed!

Read my full story [here](#).

Community Coalition News

The Farmington Boy's and Girl's Club schedule is chocked full of events designed to keep kids safe, learning and productive, so please support the Club whenever possible. They are partnering with San Juan Safe Communities, the Farmington Public Library, the New Mexico forum for Youth to bring the [Youth and Community Summit, April 30th and May 1st](#), and we thank them for that support.

Here is their programming for the month of March, 2010

Flag Football & Co-ed Volleyball
Registration

for the Drug Free Communities (DFC) Support Mentoring program grants. In their announcement on Tuesday, the White House Office of National Drug Control Policy (ONDCP) and the Substance Abuse and Mental Health Services Administration (SAMHSA) said that more than \$1.1 million is available for new DFC Mentoring grants and that an estimated 15 new Mentoring grants will be awarded (up to \$75,000 per grant, per year).

[Read more.](#)

Funding Available To Reduce Prescription Drug Abuse

BJA is seeking applicants under the [Harold Rogers Prescription Drug Monitoring Program](#). Successful applicants will enhance the capacity of regulatory and law enforcement agencies to collect and analyze prescription data on controlled substances. Funding is available to establish new programs and to expand existing programs. (BJA)
Application deadline: **April 1, 2010**

[Finish Line Youth Foundation](#)

The Finish Line Youth Foundation is accepting applications for its Grants for Youth Programs. The purpose of this program is to support youth athletic and wellness programs that place importance on living a healthy lifestyle, bolstering confidence and leadership skills, and teaching the importance of teamwork. Grant size ranges from \$1,000 to \$5,000. Eligible applicants include nonprofit organizations in the areas where Finish Line stores are located, or where donations to the Foundation are raised.

Deadline: March 31

3/1 - 6: Main Club
Flag Football & Co-ed Volleyball Late
Registration

3/8 - 12: Main Club
New Mexico Youth of the Year

3/6: San Juan College
Boys & Girls Club Week

3/22 - 26: All Clubs
Annual Award Ceremony and Banquet

5/1: TBD

2010 Golf Tournament:

5/14 & 15: Pinon Hills Golf Course

For more information contact
Benedikte Whitman, President/CPO
Boys & Girls Club of Farmington, 505-
327-6396,
www.bgcfarmington.org

Suppression

We are looking for members who might want to volunteer to sit on one of our various sub-committees to drill down and focus on specific issues in the following suppression areas: Street Gang Intervention System Development (there is a Suppression component in it), and taking a look at new policing strategies in context of the "drill down" approach.

If you are interested in working on any of these areas, please email us at info@sjsci.org or call our office at 505-599-1492, or contact the Suppression Committee Chair, Sheriff, Mark McCloskey at mccliskeym@sjcounty.net.

Border Violence - an epidemic

We are providing three sources of

The Starbucks Foundation

The Starbucks Shared Planet Youth Action Grants are designed to help young people realize their natural potential to reinvent their local communities. The Starbucks Foundation accepts applications from organizations that provide young people (ages 6-24) with a continuum of service opportunities in social entrepreneurship. Grants will range from \$10,000 to \$25,000.

Deadline: Rolling

Humor

A kindergarten teacher handed out a coloring page to her class. On it was a picture of a duck holding an umbrella. The teacher told her class to color the duck in yellow and the umbrella green, however, Little Johnny, the class rebel, colored the duck in a bright fire truck red.

After seeing this, the teacher asked him: "Johnny, how many times have you see a red duck?"

Little Johnny replied, "The same number of times I've seen a duck holding an umbrella."



Interesting

information which will provide great details about the violence occurring along our southern border due to the drug trade in the United States. As you will see, the majority of these drug-related homicides are occurring just less than a half day south of us in the El Paso area. Just to contrast the issue, we have lost 4400 American lives in the Iraq war since March, 2003, while in 2009 alone, there have been 7300 drug-related homicides along our southern border.

Here is a link to our first report:

[Justice in Mexico, violence study](#)

The second report is: [Drug Violence in Mexico, 2001 - 2009](#)

The third source of information is the intelligence section of your [Safe Communities website](#):

- Drug Cartels Taking Over Mexican Agriculture
- U.S. Mexico Travel Warning Update
- Mexico Security Update Feb. 22

Mexican Drug Cartels Running Treatment Centers

Drug cartels in Mexico have taken over some addiction treatment programs and are using them to recruit addicts into their operations, sometimes under threat of death, the [Washington Post](#) reported Feb. 4.

Many of Mexico's treatment programs are unlicensed, making them easy to exploit. Cartel members reportedly have checked into the programs posing as patients, then recruited patients as hit men or smugglers. Legitimate staff members are often scared off by threats from these moles.

The revelation may explain why



Upcoming Events and Training Opportunities

[For all events, please visit the SJSCI online calendar](#)

Meth 360

We offer presentations specifically targeting: community groups, parents, teachers, and churches. The presentations will begin a dialog with these groups about what each can do to impact the problem of methamphetamines within our community. To schedule an event, go to [our website](#) and click on the Meth360 button.

CADCA Launches Online Training Courses

At last week's 20th Anniversary Forum, CADCA launched a series of 14 Web-based training courses focusing on the core competencies of community problem solving.

[Read More.](#)

YOUTH ISSUES

warring cartels have sometimes launched violent attacks on addiction rehabilitation programs. "The rehabilitation centers are an extension of the battlefield," said Mexican drug expert Edgardo Buscaglia. "There are no refuges anymore."

Research and Resources

BJS Launches Redesigned Website

The Bureau of Justice Statistics (BJS) website has been redesigned and is now available at: <http://bjs.ojp.usdoj.gov>. Many new features and tools have been added, and the site's content has been completely reorganized to allow users to quickly find the information they're seeking. New features include enhanced search capabilities, prominent placement of new products and announcements on the homepage, RSS feeds, and more. Tutorials are available to help users become familiar with the new site and its features.

Heavy Marijuana Use Damages Young Minds

Teens and young adults who are heavy marijuana users are more likely than non-users to have disrupted brain development, according to a new study that appeared last month in the Journal of Psychiatric Research.

[Read more.](#)

Web Site Educates Parents on Internet Dangers



[Roads to Success Career and College Curriculum](#)

A 6-year nonprofit is offering a new guidance curriculum, training, technical assistance and program materials online. School- and afterschool-based counselors and educators can download the materials free of charge. Programs will be able to access all the materials a school or afterschool program will need to start or strengthen its career and college programming. The materials contain information on career choice, postsecondary planning, and independent living (including topics like study skills, career development, reasons to complete and excel in high school, college access, and more).

Most teenagers do not experience physical aggression when they date. For some teens, however, abuse is a very real part of dating.

Since 2004, Congress has designated the first full week in February as National Teen Dating Violence Awareness and Prevention Week. This year, the Justice Department worked with the Senate to extend the week to the entire month of February.

To help bring greater awareness to the issue, NCJRS offers the [Teen Dating Violence Special Feature](#), an online compilation of publications and resources on the topic.

[Read More.](#)

Developed with support from OJJDP, the [Internet Safety 101](#) Web site helps equip parents, educators, and law enforcement with the knowledge and resources they need to protect children from dangers arising from the unguarded use of Internet-enabled devices. (OJJDP)

Ecstasy Especially Deadly for Young Users, Study Finds

Ecstasy is a stimulant like various classes of amphetamines, but the popular club drug is more likely to kill young and otherwise healthy users, [Reuters](#) reported Jan. 29.

U.K. researchers who studied ecstasy and amphetamine related deaths found that ecstasy-related deaths were more common among "victims who were young, healthy, and less likely to be known as drug users." Study author Fabrizio Schifano of the University of Hertfordshire said that ecstasy seemed to have a higher "intrinsic toxicity," particularly among users ages 16-24. Schifano speculated that the deaths could be related to the fact that adolescents' brains are still developing.

The study was published in the journal [Neuropsychobiology](#).

Join Our Mailing List!
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LINKS

For more...check out these links.

[Visit our new Safe Communities Facebook page and become a Fan.](#)

Please Join In The Rooms-an Online Social Networking Site for the Recovery Community

Join In The Rooms-the Web's newest and most comprehensive social networking site for the worldwide recovery community. In The Rooms provides resources for people seeking help or treatment, for people in recovery, and for friends, family, and allies of those in recovery. You can join online meetings and affinity groups, browse the library for articles, connect with other resources for recovery, and take an active role in



promoting recovery. Join here: <http://www.intherooms.com/>.

[STAND \(Students Taking Action Not Drugs\)](#)

Keep up-to-date by [becoming a friend of the Partnership](#) on Facebook!

Find us [@drugnews on Twitter](#) for the latest news about drugs and alcohol

<http://bjs.ojp.usdoj.gov> : Bureau of Justice Statistics:

Related Resources

www.sicbridges.org - St. Joseph's Bridges Out of Poverty

<http://www.samhsa.gov/treatment/> - SAMSA Website to "Find Treatment"

www.rxotcawarenessmonth.com - Prescription Drug Awareness Site

[Expand Your Universe - Mentor a Child](#)

[MENTOR, The National Mentoring Partnership](#)

[National Mentoring Center](#)

[Stalking Resource Center](#)

[Working Together to End the Violence: Stalking](#)

<http://www.datehookup.com/content-violence-in-dating.htm>

www.checkyourself.com (A place for teens to check out where they are with drugs and alcohol.)

www.drugfree.org/meth360

www.drugfree.org/parents360

www.drugfree.org/wrecked

[ONDCP National Youth Anti-Drug Media Campaign](#)

The Office of Juvenile Justice and Delinquency Prevention (OJJDP) announces the availability of "[OJJDP News @ a Glance, May/June 2009](#)"

<http://www.recoverymonth.gov> - Recovery Month Events (from CADCA)

<http://teacherpathfinder.org/Parent/drparent.html> - Parenting Resources

<http://www.crystalrecovery.com/>

[National Criminal Justice Reference Service \(US DOJ\)](#)

www.narconon.org

[Harvard Mentoring Project](#)

[Teachers Magazine](#)

[Substance Abuse and Mental Health Services Administration](#)

[Parents The Anti-Drug](#)

[Drug Free America Foundation, Inc.](#)

[National League of Cities, Institute for Youth, Education, and Families](#)

[The Meth Project](#)

[Meth Awareness Project](#)

[Meth Resources.gov](http://MethResources.gov)

[The Office of National Drug Control Policy](#)

[Meth-Free Montana; Most of Us](#)

[National Gang Crime Research Center](#)



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