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San Juan Safe Communities Connection eNewsletter

March
2010

www.sjsoci.org
www.umattr.com

DIRECTORS CORNER

Hello friends,

This has been one of the saddest weeks I can remember, for me personally and all of us here at Safe Communities, as we lost two great friends, community leaders and wonderful souls. I would like to dedicate this March issue of our newsletter to the memory of our two good friends and supporters, Marshall Plummer, and Paul Ehrlich, who each passed from this earth, far too soon.



They left a legacy of community service, civic pride and leadership. We, here at Safe Communities, considered both of them true friends and in many cases, bridges between old and new ideas. It was not uncommon for Marshall to sit down with me to discuss the things he felt Safe Communities could do to impact the quality of life in our community. His ideas were always supportive, positive, reasonable, and down to earth. He was definitely one of a kind, and we are going to miss our old friend. Our heartfelt condolences go out to his wife and family, and all his many, many friends.

Paul helped start Totah Behavioral Health Authority, and was their founding executive director. Coincidentally, Paul was also one of our founding board members. His willingness to share his experience in the field of addictions has helped me to see things from another perspective, and I can never thank him enough for that and all he has meant to our organization. I will personally miss his unique and thought provoking perspectives threaded through our many strategy sessions about where our community is heading. Paul was a consummate professional and one of the most articulate and intelligent men I have ever met. May he rest in peace, and my thoughts and prayers go out to Arwen and his family and friends.

Before I share with you the importance of getting ahead of the curve as it relates to prescription drug abuse in our community, I want to first congratulate the Farmington Boy's and Girl's club on their 50th birthday. It is good to see that even after all these years, the club is still going strong, thanks to great leadership from their boards, their staff and especially our great community. My wish is for another 50 years, even more successful than the last.

The month of March is [Prescription and Over-the-counter Drug Awareness Month](#), and it is being celebrated in communities all across this country. Here are some statistics that reveal the reason why we need to increase awareness on the issue:
Every day, 2500 kids age 12 to 17 try a painkiller for the first time.
Teens across America now abuse Rx/OTC drugs more than almost all others combined.
1 in 3 teens report having a close friend who abuses Rx drugs.
1 in 4 teens report having a close friend who abuses cough medicine.

We too are participating in this awareness campaign, because we are beginning to see this kind of abuse take place with a higher degree of regularity than even a year ago. It is important that we put awareness campaigns and other systems in place to begin dealing with this abuse. In conjunction with the Farmington Municipal Schools, and local law enforcement, our office has submitted a Drug-Free Communities grant for funding that can address both prescription drugs and over-the-counter medication abuse. We will know whether we are successful by August, and the grant cycle will begin in October, 2010. It may not be YOUR child who is abusing drugs, but it is happening in OUR county, so we all need to Educate ourselves.

As in months past, this past month has been very busy for us here at Safe Communities as we continue to work on various aspects of our strategies (to look at the latest view of our Community Engagement Framework model [click here](#)). Our Prevention Committee has been busy overseeing the efforts of all the subcommittees dealing with prevention and the implementation of the Bridges project. For a fairly complete overview of these activities, let me direct you to the section entitled

"Local 'Drill Down' Efforts" later in this newsletter.

We continue to work with The Farmington Public Library, The Farmington Boy's and Girl's Club, ENLACE (Engaging Latino Communities for Education), and the New Mexico Forum for Youth to plan our [Spring Conference and Youth Summit](#) which will be held Friday, April 30th, and Saturday, May 1st. We are still very convinced that this event will be the best, and most relevant, Spring Conference we have ever presented.

We have continued working on a grant specifically for a skate park at the Sycamore Park Community Center in south Farmington, and we need your help to get it. The grant is from the Pepsi Cola Company and is awarded based on how many people we can get to go vote for it. Please take the time to vote. Go to <http://www.sjsoci.org/> and click on the "[skate into the future](#)" link.

I think this fairly well sums up what we have been doing, but if you have questions or comments about anything, please call our office at 505-599-1492 or by sending an email to info@sjsoci.org.

Until next month, take care.

Dan D.

in this issue

- :: SAFE COMMUNITIES SPOTLIGHT
- :: COMMUNITY COALITION NEWS
 - :: STREET GANGS
 - :: RESEARCH
- :: UPCOMING EVENTS & TRAINING
 - :: PREVENTION
 - :: SUPPRESSION
 - :: YOUTH ISSUES
 - :: LINKS

Safe Communities Spotlight

New Mexico Youth and Community Summit

[Register Now! Click Here!](#)

The conference will be held on Friday, April 30, 2010 beginning with El día de los niños/El día de los libros (Children's Day/Book Day) Tailgate Party at the Farmington Public Library from 3 p.m. until 5 p.m. If you are interested in setting up a free booth to showcase what is available afterschool and during the summer months in your organization, register [here](#). During this time, San Juan Safe Communities Initiative will host booths for the community and the New Mexico Forum for Youth in Community will present a community dialog in the multi-purpose room for interested attendees during the Tailgate Party.

Events continue at 6 p.m. with a

COMMUNITY CALENDAR

For All Community Events, Visit:

[San Juan Safe Communities Calendar](#)

[National Non-Profit Calendar of Capacity Building Training & Events](#)

Every Monday

6-8pm
ECHO Financial Education
Sycamore Park Community Center,
1051 Sycamore Street, Farmington, NM

Every Tuesday

9-10am
Grandparent Support Group
Sycamore Park Community Center,
1051 Sycamore St., Farmington, NM
For more information call
505-565-2480, 564-4460

Every Wednesday

5:30-7pm
Parent and Grandparent Support Group
First Presbyterian Church, 865 N. Dustin
Farmington, NM
564-4460

Every other Thursday

April 1, 15,
Professional Support Group
12-1pm.
March 18th - 6-7pm
2800 Hutton Avenue, Farmington NM
87402

dinner snack and San Juan Safe Communities Initiative encouraging a conversation between youth and adults in the community. Blended Zine will release the new issue at 7 p.m. at this event. The event concludes at 9 p.m. when youth are invited to attend the Rescue Cinco de Mayo from the alcohol industry campaign/dance hosted by ENLACE & San Juan College Associated Students from 7 p.m. to 10 p.m. and to attend a swim/movie at the Aquatic Center from 10 p.m. until midnight!

On Saturday, May 1, 2010 the conference begins with registration and breakfast at the Boys & Girls Club of Farmington at 8 a.m. Breakout sessions begin at 9 a.m. designed for middle and high school students; public, private, and special focus, youth from state-wide organizations, and community members who are currently working and partnering with youth or who are interested in starting a project together. Participants will be admitted FREE but must register by April 15, 2010 [here](#). A youth panel discussion with a lunch will conclude the event by 2 p.m. Space will be limited to 300.

Everyone is responsible for their own transportation and accommodations.

Umatr Trading Card Program

There are still sponsorship opportunities available for the 2009-2010 uMatr Trading Card Program. Please email info@sjsci.org

The teens will be present at the NM Youth and Community Summit April 30th and May 1. Be sure to [register now](#) to be a part of this exciting and most relevant event to date!

Also, if you want the Umatr teens

Every Friday

RU Reformers Unamious
7pm - 9pm
Bible Baptist Church

Every Saturday

2-3pm
Parent/Caregiver Support Group
Farmington Civic Center, 200 W. Arrington, Farmington NM 87401
505-860-5038

March 29-March 31, 2010

"Responding to Methamphetamine Endangered Children in Tribal Communities"
National Indian Programs Training Center, 1011 Indian School Road NW, Classroom 271, Albuquerque, NM

March 30, 2010

5:30-8pm
Restoring and Celebrating Family Wellness Workshop
Two Grey Hills Chapter

April 5, 2010

10am-3pm
Restoring & Celebrating Family Wellness Community Forum
Shiprock Chapter

April 5, 2010

6-8pm
ECHO Financial Education
Sycamore Park Community Center
1051 Sycamore Street, Farmington, NM

April 8, 2010

7-8pm
Drug Free San Juan County Meeting
The Well, 309 W. Animas St. Farmington

April 10, 2010

9-5pm
First Time Home Buyers Education Class
Farmington Civic Center Board Room

April 10, 2010

11am-2pm
1st Annual Sycamore Park Community Center Health Fair
Sycamore Park Community Center
1051 Sycamore Street, Farmington, NM

to come to your place of work or school, please email umatr@hotmail.com to schedule a date and time!

Pepsi Refresh Grant:
"Skate Into the Future"

San Juan Safe Communities is supporting the construction of a skate park at Sycamore Park Community Center. This park is key to the Center's "Skate In To The Future" program and this idea is in the running for a Pepsi Refresh Grant. The "Skate In To The Future" program seamlessly combines nutrition education with exercise instruction and physical activity. In addition to building healthy habits, participants will learn about skateboarding and practice techniques in a closely supervised venue. The children, ages 10 to 18, also will have opportunities for character development. Overall, the program will support children in a safe, drug free environment. The Center could get \$25,000 to construct the park if our idea gets enough votes. The idea with the most votes every month get funding. Starting March 1st, vote for up to 10 of your favorite ideas every day. So, vote often and help construct a skate park for children on Farmington's south side.

[Click Here to Vote!](#)

Local "Drill Down" Efforts

To look at our Community Engagement Framework model [click here](#). Our "Drill Down" Strategy is the last strategy on the right.

Community Center Programming

Natalie and her staff continue to

April 12, 2010

6-8pm
 ECHO Financial Education
 Sycamore Park Community Center
 1051 Sycamore Street, Farmington, NM

April 13, 2010

3:30-4:30pm
 Keep It Clean
 Sycamore Park Community Center
 1051 Sycamore Street, Farmington, NM

April 15, 2010

NM Youth and Community Summit
 Registration Deadline

April 15, 2010

9am-12pm
 Dine' Ba Hozho Coalition / Drug Free Communities Meeting
 Please contact Raymond Keeswood at raykeeswood@yahoo.com for more information

April 15, 2010

3:30-5pm
 Community Health Improvement Council Meeting
 Rehabilitation Hospital
 525 South Schwartz Avenue
 Farmington, NM 87401

April 15, 2010

6-7pm
 Professional Support Group
 2800 Hutton Avenue, Farmington NM 87402

April 16, 2010

5th Annual Sexual Assault 'Mini' Conference Registration Deadline

April 17, 2010

12:45-3:30
 Learn About 21st Century Technology Skills
 CATE Center, 301 N. Court, Farmington

April 21, 2010

6:45-8:45pm
 5th Annual Take Back the Night March on Main and Candlelight Vigil
 Gathering at Safeway Parking lot on

support the activities requested by the residents surrounding the center at Sycamore Park, and to see some of the things that are happening at the center, click on our [Newsletter Archive](#) and select the edition you would like to see.

Right now, our big push is to get a skate park built just to the south of the center. We have put in for several grants and should know if we received any funding fairly soon. The kids are putting together a fund drive at the center and we are in the running to receive a \$25,000 award from the Pepsi Company, if we can get enough people to vote for our project. To vote, and [click here](#). We need all the help we can get.

Building A Bridges Community

The Bridges Subcommittee

continues to meet to discuss how the Bridges program will be implemented in our county. The group is currently attempting to build the community mentoring structure, a process which could take many months to actually develop. The Community Mentoring project is a part of our **Neighborhood Resource Development** effort, and is an attempt to develop adult mentors from every walk of life who would volunteer to provide tips and information that could help our R-Rules and Getting Ahead graduates find the resources they are lacking. They will also help provide access to experiences that will help the graduates grow and prosper in their "new" world.

We have 18 people who have gone through the **R-Rules Instructor training**, and our efforts are ongoing to develop a community awareness presentation, a one day workshop presentation, and a 12 week intervention course. We are hoping to have the first two presentations completed by our April

West Main

April 23, 2010

8am-4:30pm
2010 Four Corners Prevention Workshop
Henderson Fine Arts Center, Room 9008, San Juan College

April 24, 2010

12-4pm
Drug and Alcohol Awareness Class
San Juan College, Room 7103

April 27-29

3rd Annual Four Corners Injury Prevention Conference
Desert Rose Inn 701 West Highway 191, Bluff, Utah 84512

April 28, 2010

7:30am-5pm
Sexual Assault 'Mini' Conference
Marriot TownePlace Suites, 4200 Sierra Vista Dr. Farmington, NM

April 30-May 1, 2010

New Mexico Youth and Community Summit
Farmington Public Library
Farmington Boys and Girls Club

May 1, 2010

Farmington Boys and Girls Club Annual Award Ceremony and Banquet
TBA

May 15-16, 2010

8am-5pm
Volunteer Advocate Training
812 W. Maple, Farmington, NM

May 22-23, 2010

8am-5pm
Volunteer Advocate Training
812 W. Maple, Farmington, NM

PREVENTION

Prevention Committee activities

We are looking for anyone who might want to volunteer to sit on one of our various sub-committees to drill down and focus on specific issues in the

meeting.

Thirty one volunteers were recently trained as **Getting Ahead Instructors**, and this group continues to meet to develop a recruitment plan, an instructor training schedule and to finalize our community implementation method. We are breaking down the training into modules and over the next two months will be working with all those who will be instructing the classes to become comfortable enough with the material to be able to facilitate them.

Our **Business Partnership Development subcommittee**, also part of the **Neighborhood Resource Development** effort, is in the organizational process. Members of this group represent our veterans, the human resource field, Job Corps, the New Mexico One Stop and Workforce Solutions, as well as Help New Mexico and Goodwill. Their charge as a group is to work with local businesses to understand what obtaining a Bridges certificate means in terms of providing good candidates to fill their employment vacancies. They are also exploring how to connect those who are going through the R-Rules and Getting Ahead training with access to educational opportunities in areas the students found themselves to be lacking. A list of adult education topics already identified as important are:
parenting, life skills, reading literacy, basic writing skills, financial literacy, GED, English as a second language, citizenship, soft employability skills, employment sector training, and access to San Juan College vocational and academic courses.

Our good friends Ros, Herman, and Ryan, at Echo, continue to help prepare people for home ownership by providing financial literacy training, home buyer education and help establishing IDA accounts. Housing is a major part of our

following areas: Community Center Programming, Bridges Community Programming, Business Partnership Development, Data Utilization or the Epi Workgroup, Violence Prevention, Gang Prevention or Alcohol Program Development.

If you are interested in working on any of these areas, please email us at info@sjsci.org or call our office at 505-599-1492, or contact the Prevention Committee Chair, Pamela Drake at drakep@sjcpartnership.org.

Bridges Out of Poverty / Getting Ahead training schedule:

Local Instructors - Getting Ahead classes (15 two hour classes), beginning March, 2010

Local Instructors - Getting Ahead understanding, for School Districts, Spring, 2010

Phil DeVol - Community Resource Development, Summer, 2010

Resource To Help Decision makers Choose Cost-Effective Substance Abuse Prevention Programs

Communities can use cost-benefit analysis to help guide their decisions and develop better comprehensive prevention strategies based on their unique needs and characteristics.

Substance Abuse Prevention Dollars and Cents: A Cost-Benefit Analysis is a report designed to help policymakers and other stakeholders use the results of cost-benefit analysis as an information tool for decisionmaking and for selecting the substance abuse prevention programs that address their needs, given available resources. For a free copy, click [Download Now](#) (904 KB)

Neighborhood Resource

Development program, and we will be working closely with those involved in the housing effort into the future.

Early Childhood Programming

We submitted the Everyday Democracy Grant, which is funded by Kellogg's and is designed to allow us to inventory and catalog all the early childhood development programming throughout the county. Representatives from each of these efforts will be invited to the table for the express purpose of developing a Countywide Community Action Plan to address early childhood development issues. We should know by May whether we were funded or not.

Gang Intervention System

This month an initial meeting to establish the subcommittee structure was held, and it is hoped that much of this structure will be in place by our April meeting. We will keep everyone posted. If you are interested in getting involved with our street gang efforts, please let me know and I will put you to work on our subcommittee. It has been a long time coming, and I have high hopes and expectations that we will be able to address the street gang problem.

The Meth Project News

Georgia Meth Project Launches Statewide Meth Prevention Campaign State Leaders from the Public and Private Sectors Unveil New Statewide Initiative to Address Emerging Social and Public Health Issue

ATLANTA-March 8, 2010-The Georgia Meth Project today launched a statewide prevention campaign

April is Alcohol Awareness Month

While communities are faced with a number of substance abuse issues, underage drinking continues to be among the most pervasive ones, with nearly 11 million underage drinkers today. That's why April is designated as Alcohol Awareness Month, an annual public awareness campaign that encourages local communities to focus on alcoholism and alcohol-related issues.

[Read more](#)

Town Hall on Underage Drinking

What are we doing? and What do we need to do? were the main topics at the Town Hall on Underage Drinking that was held at the Civic Center on March 18. Coordinated by San Juan County Partnership and sponsored by the US Dept. of Health and Human Services, Substance Abuse and Mental Health Services Administration, the town hall was one of thousands being held across the nation over the span of a week. The national effort is to raise awareness regarding the issue of underage drinking that has a profound effect on the nation's youth.

That being said, participants on the panel in Farmington presented a good picture of underage drinking in San Juan County. Recent surveys show that while underage drinking is a concern, many of our youth are making good choices. For instance, eight out of ten San Juan County youths do not drink and drive (NM Youth Risk and Resiliency Survey, 2007).

The Town Hall began with a panel of presenters who represent local efforts to address underage drinking. Panelists included: Rick Tedrow, District Attorney and two of his staff; George Di Re, Drug

designed to significantly reduce methamphetamine use. Meth has rapidly become one of Georgia's most critical public health and law enforcement challenges and is estimated to cost the state \$1.3 billion in law enforcement, treatment, social services, and lost productivity. To read the full release, [click here](#).

The Georgia Meth Project today released the results of a first-ever statewide survey examining the attitudes and behaviors that Georgia teens, young adults, and parents have toward methamphetamine. The survey found that 35% of teens see little or no risk in trying Meth, and 23% see little or no risk in using the drug regularly. Twenty percent of Georgia teens (20%) and 34% of young adults report that Meth is easy to get. To read the full release, [click here](#).

"Arizona Meth Project Launches 2010 Media Campaign" Read more, [click here](#).

"The Hawaii Meth Project and HMSA Open New Category in 2010 Teen Video Award Contest" Read more, [click here](#).

Idaho Meth Project Launches New Campaign with Television Ads by Acclaimed Director Darren Aronofsky Read more, [click here](#).

New Survey of Idaho Teens and Young Adults Finds Dramatic Shift in Attitudes toward Meth Research Shows Significant Increase in Awareness of Risks Associated with Methamphetamine Use Read more, [click here](#).

Illinois: "Successful Ad Campaign has Meth Addicts Telling Their Stories" Read more, [click here](#).

New Report by State of Montana

Court/Grade Court; Laura McClenny, SJ County Partnership, the Most of Us ® Campaign; Bobby Candelaria, Project Venture, Farmington Municipal Schools; Kimberly Mangum, Juvenile Probation; Mark Sanchez, Navajo Nation, Dept. of Behavioral Health Services; Renae Begay, SJ County Partnership, Student Focused Therapy. The panelists presented valuable information to the over 75 community members who attended.

Particularly notable was the effort made by staff from the Dzilth Na O Dith Hle School who brought several youth to the Town Hall. This presented a win-win situation for all, since these students were able to learn that the community cares about them and the community was able to hear their concerns. It is exactly that opportunity for dialogue that is at the heart of these town halls.

San Juan County Partnership would like to thank those who presented and also those who provided materials at the Town Hall, San Juan Safe Communities Initiative (SJSCI) and Premier Distributing. In addition, SJCP encourages input regarding this topic. The Prevention Committee of SJSCI meets monthly and provides a forum for this topic as well as other prevention efforts. Please call SJCP for more information or to comment.
505-566-5867

2010 Four Corners Prevention Workshop will be held Friday, April 23, 2010, at San Juan College, Henderson Fine Arts Center, Rooms 9008 and 9010, from 8:00 a.m. - 4:30 p.m.

This one day workshop will offer three workshop choices presented by two knowledgeable and exciting speakers. Dr. Jeffrey Wigand will present "Moral and Ethical Decision Making/Ethics of Smoking," and "Youth Addiction." Kalin Grigg will present

Shows Teen Meth Usage Has Declined by 63% Since 2005 Read more, [click here](#).

"Wyoming Meth Project is influencing young people" Read more, [click here](#).

"Meth 'epidemic' slows, felonies decrease" Read more, [click here](#).

"Wyoming Meth Project Survey Results" Read more, [click here](#).



Why, Why, Why???

Why is it that drugstores make sick people walk all the way to the back of the store to get their prescriptions, but allow healthy people to buy cigarettes at the front???

Why do people order double cheese burgers and large fries, then order a diet Coke???

Intervention/Treatment

We are looking for anyone who might want to volunteer to sit on one of our various sub-committees to drill down and focus on specific issues in the following Intervention/Treatment areas: Intervention Program Development, Treatment Program Development, Supportive Housing Initiative, or Street Gang Intervention System Development.

If you are interested in working in any of these areas, please email us at info@sjsci.org or call our office at 505-599-1492, or contact the Intervention Committee Chair, Rob Mitchell at rmitchell@sjcounty.net.

If Crystal Meth Is the Drug of Choice, Drug Rehab Is Not an Option, It's a Necessity

"How can it be all right when everything is all wrong? Living with hope in a broken world." CEU's are approved from the Counseling and Therapy Board and pending from the NM Credentialing Board for Behavioral Health Professionals. For detailed information and registration forms please call Debbie at 566-5867, or e-mail, office@sjcpartnership.org. Workshop is sponsored by San Juan County Partnership in cooperation with New Mexico Department of Health, Tobacco Use and Prevention Control Program and Office of Substance Abuse Prevention.

Alcohol Literacy Challenge

Advertising is much more than pictures in magazines or 30 second commercials on the television. They are meant to sell an item or an idea. They can even shape a person's perceptions about life. Media literacy teaches the motives behind advertising. Through a grant with the New Mexico Department of Transportation three San Juan County Partnership employees were able to receive training on a program called the Alcohol Literacy Challenge (ALC).

The Alcohol Literacy Challenge is a 90-minute lesson that combines the latest alcohol expectancies research with the critical thinking approach of media literacy. The lesson seeks to change a student's expectation concerning drinking. Studies have shown that changing this expectation allows youth to resist peer pressure to drink. Middle school test results show that alcohol consuming 8th graders who participated in the Alcohol Literacy Challenge reduced their drinking from an average of 4.39 drinks during the prior month to 0.17 drinks during the month after. In the same time frame, the control group went from an average of 4.66 drinks to 7.00.

American alcohol companies spend over 5 billion dollars each year on

Addiction is heartbreaking. Are we prepared to get our children to rehab if they need it?

A friend of mine proudly told me his two teenage boys promised him they will never try a drug. With an office in the middle of Hollywood, my friend is all too aware of tragic incidents of youngsters dropping dead during a concert from use of "club" drugs, used singly or in combination.

We both strongly agree it is different from the drug scene we knew as kids. Drugs are much more potent. It is often not possible to know what is in the drug being offered. There is also that small detail that some combinations are instantly fatal. My friend's viewpoint, which he has apparently successfully instilled in his two boys, is there can't be a first time.

When it comes to crystal meth, hope they never start. Besides being highly addictive, methamphetamine is a highly physically erosive drug. It can turn a beautiful young woman into an aged hag in a matter of a few years. Any grandchildren, if there is hope for this, are at severe risk if the parents are crystal meth users. There have been incidents where "speed freaks," as they are commonly referred to have rolled over on top of a sleeping toddler without being aware of it smothering their own child to death.

The National Institute on Drug Abuse (NIDA) reports there is direct correlation between meth use and risky sex leading to HIV/AIDs as well as criminal behavior. In short, this is a true killer drug and action needs to be fast before tragedy strikes.

The good news is that meth users can be helped to get over their addiction when supported by family members. The better news is that the Narconon program for decades has

advertising. Ivan Pavlov's was a Russian scientist whose work found that animals could be trained to have physical responses to mental stimuli. He trained dogs to salivate at the sound of a bell simply because the bell was repeatedly rung when he served them food. What's interesting to note is that it took only 23 attempts at pairing the sound of a bell with being fed before a dog began to salivate only when he heard the bell, even when no food was present. The average American teenager will see half a million alcohol ads by the time they turn 18. Alcohol companies train people to respond to the expectancies they teach in their ads the same way that Pavlov could train a dog to drool whenever he rang a bell. If youth see ads that show that drinking leads to parties, flirting, always getting the girl then that is what they will expect. The Alcohol Literacy Challenge is working to correct those expectations and help youth understand the real effects of alcohol.

This grant will allow for 200 youth between the ages of 6th and 9th grade and 100 parents in San Juan County to be trained on the Alcohol Literacy Challenge in the coming months. Youth and their parents will listen to a 45 minute presentation and then participate in a game and discussion session designed to put what they have learned into practice. For more information on the Alcohol Literacy Challenge contact Amanda Evans, Community Programs Coordinator at 505-566-5877 or cpc@sjcpartnership.org.

Be Part of a Nationwide Awareness Campaign March 2010

March is prescription and over-the-counter-drug awareness month, and Drug Free America Foundation is weighing in on this very important issue. Nearly one in five teens has used prescription medications to get high, and

been successfully helping families get their loved ones off meth and out of the destructive spiral they have entered. It is the only program that addresses the cravings and ends them forever.

Thousands of people have successfully completed [Narconon's drug rehabilitation programs](#) and, unlike many other alcohol and drug treatment methods, the vast majority of graduates go on to live stable, ethical, productive, drug-free lives. The Narconon success rate is four times better than the international averages.

Securing successful drug rehab isn't an option when a family member is hooked. It is a necessity!

When someone in your family is taking a dangerous drug, your role is no longer support of drug prevention efforts. You need to act fast.

A recent daunting report from NIDA (National Institute on Drug Abuse), estimates that abuse and addiction still cost the American public upwards of half a trillion dollars a year. Despite reported success with drug prevention, which has dropped the drug use by young adults from 19.4 percent in 2001 to 14.9 percent in 2006, many families still have to face the need to seek intervention to help a loved one.

Read complete article [here](#).

SUCCESS STORIES

Success Stories - Life after Meth From [drugfree.org](#)

two in five believe prescription medications are safer than illicit drugs. In Pinellas County, Florida the medical examiner toxicology reports found that prescription drug overdose deaths involving oxycodone rose from 61 in 2001 to 308 in 2008. Cities nationwide are also experiencing similar dramatic increases.

Help keep kids safe in your community by organizing an "Rx OTC Awareness Month" event today. All material will be provided to you - just find a venue. One way to reach parents and caregivers with this vital message is at an elementary, middle or high school function. It can also be part of a town hall meeting or an educational effort in the workplace, such as the Lunch and Learn sessions Drug Free America Foundation is presenting. For more information, or to host an event, please visit

www.rxotcawarenessmonth.com, or call (248) rxotc95 (248) 796-8295.

SAMHSA and Ad Council Launch National Underage Drinking Prevention Campaign

More than a quarter of youth aged 12 to 20 (27.6 percent) drank alcohol in the past month, according to a survey by the Substance Abuse and Mental Health Services Administration (SAMHSA). The study shows that the underage drinking rates were as high as 40 percent in some states, such as North Dakota and Vermont.

In a major effort to combat the epidemic of underage drinking, SAMHSA and the Ad Council today launched a new series of national public service advertisements (PSAs) to encourage parents to talk to their children about drinking alcohol at an early age. The campaign and study are being released in conjunction with Alcohol Awareness Month (April) and as part of the Surgeon General's "Call to Action to Prevent and



Robert Keney
Cheyenne, WY
24

My Keys to Recovery

My life revolves around the fact that I am clean. I love to help others realize that using is not ok and that they do not have to go through what I went through. I also live in an Oxford House, which has been an awesome experience. It has really shown me what brotherhood and love is all about. I help others as much as they help me to stay clean. And for me that is what it is all about.

Moments of Truth

I realized that I had a problem when I decided to stick a needle in my arm, but it was too late. My progression in drug addiction was very fast paced, and I felt that there was no way out no matter where I went or what I did.

Recovery From Relapse

I relapsed three times, but I don't believe that relapse is a part of recovery. I just think that I was not ready to be clean. I know that in the process I hurt a lot of people that I loved and that relapse happens. But at the end of the day there are consequences and that hurting people isn't necessary.

What Made Me Try It

I first began using, because I wanted to escape from people bullying me for being sensitive, and I found that

Reduce Underage Drinking." The PSAs are being distributed to media outlets throughout the country and will also be available online at the campaign's [online fulfillment](#).

Alcohol is the most widely used substance of abuse among America's youth. Alcohol contributes to the three leading causes of death among 12- to 20-year-olds (unintentional injury, homicide, and suicide). And research shows that those who start drinking before age 15 are six times more likely to have alcohol problems as adults than those who start drinking at age 21 or older.

NEWS & PUBLICATIONS

ARTICLES OF INTEREST

One In Ten Jobless Young People Driven To Drugs Or Alcohol

Older teenagers and young adults who are out of work face poorer health and lower happiness, with one in 10 claiming that unemployment drove them to drugs or alcohol, according to new research conducted in the U.K.

[Read more.](#)

Inhalants are Drug of Choice in Early Adolescence, Report Says

A new report from the Substance Abuse and Mental Health Services Administration (SAMHSA) [says](#) that inhalants trail only alcohol among the substances used by 12-year-olds to get high, [Reuters](#) reported March 11.

In fact, more 12-year-olds -- 7 percent of those surveyed -- said they have tried inhaling substances like gasoline and paint solvents for their intoxicating effects than have tried marijuana, cocaine, and hallucinogens combined. Perceived risk of inhalant use has declined even as use rates have

using drugs seemed to make me feel tougher and that I didn't feel so emotional.

Lessons Learned

I realized that living with fear and hate only results in more fear and hate towards myself. I have learned to take a look at myself instead of blaming everyone else. If I feel like everyone is upset with me or everyone is upsetting me, then I am most likely the cause of my own discontent. What it really comes down to is that I am much more healthy today and I do not have to look over my shoulder all of the time.

My Advice

There are other ways to live than the way that you are living now. I know that may be all that you know. It is all that I knew at one point as well. But when you look back at your life now, remember that is the way that you will be remembered unless you make a change. That was what scared me, the thought that everyone will remember me for my drug use, and not for who I truly was - a good person. I truly thought that I knew who I was when I was on meth, but since I have been clean, I realize I have a whole more to offer the world than a life filled with hate and discontent. If you would have told me three years ago that I was going to be who I am today, where I am right now, and how much happiness and serenity I would feel, I would have laughed at you. But I feel content and full today and it's thanks to me getting straight!

Read my full story [here](#).

Community Coalition News

The Farmington Boy's and Girl's Club schedule is chocked full of events designed to keep kids safe,

remained constant over the last few years, experts said. Inhalant use carries serious health risks, including brain damage and cardiac arrest.

Annual Crime Numbers Released

["Criminal Victimization in the United States, 2007 - Statistical Tables"](#) (NCJ 227669, 133 pp.) presents detailed data on major variables measured by the National Crime Victimization Survey (NCVS). (BJS)

U.S. and Mexico Pledge to Cut Drug Demand

The governments of Mexico and the United States have signed an pledge to cut demand for illicit drugs by stepped up treatment and prevention efforts, the [El Paso Times](#) reported Feb. 27.

A bilateral declaration states that both countries will provide more and better addiction treatment; expand the use of screening for addictions; implement evidence-based prevention; improve the quality of health care for people with addictions; and promote innovation in criminal justice, such as drug courts.

"The binational meeting and declaration on reducing drug abuse reflect a commitment by the United States and Mexico to intensify ongoing drug-control efforts and a recognition that by focusing on prevention and treatment of substance abuse disorders, we can significantly improve the public health and safety of our peoples," said Gil Kerlikowske, director of the U.S. Office of National Drug Control Policy.

More Teens Using Alcohol, Ecstasy and Marijuana

learning and productive, so please support the Club whenever possible. They are partnering with San Juan Safe Communities, the Farmington Public Library, the New Mexico forum for Youth to bring the Youth and Community Summit, April 30th and May 1st, and we thank them for that support.

Here is their programming for the month of April, 2010 and beyond...

5/1: TBD

2010 Golf Tournament:

5/14 & 15: Pinon Hills Golf Course

For more information contact Benedikte Whitman, President/CPO Boys & Girls Club of Farmington, 505-327-6396

www.bgcfarmington.org

Boys & Girls Club Teens Reach Out To Haiti Earthquake Survivors

The Boys & Girls Club of Farmington Keystone Club members wanted to implement a project that would help some segment of the community and give something to those in need. So at their meeting, the teens discussed various options that interested them. The project that kept coming to the top of the pile even though it was not local was the Haiti earthquake and doing something to help the people who were affected.

The teens decided the best thing they could do was give money to the cause and the next question was how to raise money. After some discussion, they settled on having a bake sale at the Club. They decided that they would hold it for three days during the after school program and that all proceeds would go to Haiti Relief. The teens and their families as well as the Club staff baked items or purchased baked goods which they donated to the effort. The first day,

After a decade of consistent declines in teen drug abuse, a new national study released this week found marked upswings in the use of various drugs, such as alcohol, marijuana and Ecstasy. The 2009 Partnership Attitude Tracking Study (PATS) was released by the Partnership for a Drug-Free America and the MetLife Foundation.

[Read more.](#)

Study Finds 65 Percent of Inmates Meet Criteria For Addiction But Only 11 Percent Receive Treatment

Of the 2.3 million inmates in prison or jail in the United States, 1.5 million meet the DSM IV medical criteria for substance abuse or addiction. An additional 458,000 had histories of substance abuse; were under the influence of alcohol or other drugs at the time of their crime; committed their offense to get money to buy drugs; were incarcerated for an alcohol or drug law violation; or shared some combination of these characteristics, according to Behind Bars II: Substance Abuse and America's Prison Population. Combined these two groups constitute 85 percent of the U.S. prison population.

[Read more.](#)

Report Slams Drug Decriminalization in Latin America

Recent moves to decriminalize possession of small amounts of marijuana and other drugs in Latin American nations could "undermine national and international efforts to combat the abuse of and illicit trafficking in narcotic drugs," according to the annual report of the [International Narcotics Control Board](#) (INCB).

The [Christian Science Monitor](#)

the teens made almost \$70 and had sold out of most items. With replenished stock, they continued the sale over the next two days, netting \$169.72 by the end of the third day.

Finally, the teens created a presentation check for the occasion, and presented that along with an actual check to Lillian Rose of the Red Cross. The members were really proud of what they had done as was the staff.

Keystoning

Keystoning is the Boys & Girls Club movement's most dynamic teen program and offers chartered leadership and service clubs for boys and girls ages 14-18. Keystoners elect officers and implement activities in six areas: service to Club and community, character and leadership development, education and career exploration, unity, free enterprise and social recreation. The Boys & Girls Club of Farmington has provided services to youth in this community for 50 years.

Did you know in 2009 there were 137 REPORTED RAPES in OUR Community?

(ONLY 1/3 are ever reported)

·35 of those RAPES were CHILDREN (ages 0-12)

·40 of those RAPES were ADOLESCENTS (ages 13-17)

·62 of those RAPES were ADULTS (ages 18+)

·3 of those RAPES were MALES

·148 Hotline calls regarding their unreported RAPES

reported Feb. 24 that the document was critical of nations like Mexico, which last year decriminalized possession of marijuana, heroin and cocaine. "The movement poses a threat to the coherence and effectiveness of the international drug control system and sends the wrong message to the general public," the INCB said in its [2009 annual report](#).

Drug-reform groups said the INCB was exceeding its mandate and interfering with the operations of sovereign nations.

FAMILY WELLNESS, PARENTING, AND MENTORING

What YOU can do to stop Prescription Drug Abuse.

Did you know that 1 in 5 teens in America abuse Prescription drugs? Is your child one of them? From [Drugfree.org](#)

Step One: Parents are in an influential position to immediately help reduce teen access to prescription drugs because these drugs are found in the home. But how aware are you? Think about this: would you know if some of your pills were missing? From this day forward, make sure you can honestly answer, 'yes.'

Start by taking note of how many pills are in each of your prescription bottles or pill packets.

Keep track of your refills. This goes for your own medication, as well as for your teens and other members of the household. If you find you need to refill your medication more often than expected, that could indicate a problem. If your teen has been prescribed a drug, be sure you control the medication, and monitor dosages and refills.

Make sure your friends and relatives- especially grandparents-are also aware of the risks. Encourage them to regularly monitor their own medicine cabinets.

If there are other households your teen has access to, talk to those families as

·In 95% of RAPES, the victim knows their RAPIST

·RAPISTS drug of choice to subdue their Victim is Alcohol

**BECOME A
VOLUNTEER~ADVOCATE;
HELPING SURVIVORS FIND THE
PATH TO HEALING.**

Our community needs you. Please offer your heart and time to the thousands of those right here in San Juan county who have been or will be Victims of RAPE

Sexual Assault Services of NorthWest New Mexico Volunteer Training: May 15-16 & 22-23

Please call LEAH @ 325-2805

Energy Drink Studies

Three studies using healthy volunteers (n = 271) investigated the effects of caffeine, carbohydrates and carbonation in functional "energy" drinks (EDs) with the aim of determining their benefit in every-day life. The results showed caffeine to be the main ED constituent responsible for the effects found, with possible minor, relatively weak effects of carbohydrates. Nutr Neurosci 2004.; 7:127

Results from logistic regression models revealed that patrons who had consumed alcohol mixed with energy drinks were at a 3-fold increased risk of leaving a bar highly intoxicated (BrAC > or = 0.08g/210L), as well as a 4-fold increased risk of intending to drive upon leaving the bar district, compared to other drinking patrons who did not consume alcoholic beverages mixed with energy drinks. Addictive

well about the importance of helping safeguard medications.

Step Two: Teens abuse prescription drugs because they are easily accessible, and either free or inexpensive. In fact, 64 percent of kids age 12 to 17 who have abused pain relievers say they got them from their friends or relatives, typically without their knowledge. Approach securing your prescriptions the same way you would other valuables in your home, like jewelry or cash. There's no shame in helping protect those items. The same holds true for your medications.

Take prescription medications out of the medicine cabinet and hide them in a place only you know about. If possible, keep all medicines, both prescription and over-the-counter, in a safe place, such as a locked cabinet your teen cannot access.

Tell relatives, especially grandparents, to lock their medications or keep them in a safe place.

Talk to the parents of your teenager's friends. Encourage them to secure their prescriptions.

Step Three: Safely disposing expired or unused prescription medications is a critical step in helping protect your teens. Here's how to help safeguard your family and home, and decrease the opportunity for your teens or their friends to abuse your medications. Take an inventory of all of the prescription drugs in your home. Start by discarding expired or unused prescription drugs, when your teens are not home.

Unbelievable though it may seem, teenagers will retrieve discarded prescription drugs from the trash. To help prevent this from happening, mix the medication with an undesirable substance, such as used coffee grounds or kitty litter. Put the mixture into an empty can or bag and discard.

Unless the directions on the packaging say otherwise, do not flush medication down the drain or toilet.

To help prevent unauthorized refills and

Behaviors 2010; 35:325

Frequency of energy drink consumption was positively associated with marijuana use, sexual risk-taking, fighting, seatbelt omission, and taking risks on a dare for the sample as a whole, and associated with smoking, drinking, alcohol problems, and illicit prescription drug use for white students but not for black students. J Adolesc Health 2008; 43:490

A substantial and rapidly growing proportion of college students use energy drinks. Energy drink users tend to have greater involvement in alcohol and other drug use and higher levels of sensation seeking relative to nonusers of energy drinks. J Addict Med 2010; 10:1.

Donald E. Casebolt, MD, Chairman, Citizens Concerned About Addiction (CCAA)

Street Gangs

INDICATORS OF GANG INVOLVEMENT

This month we are going to talk about the indicators parents, teachers, adult mentors, and friends should look for to evaluate whether someone is involved in gangs. Next month we are going to discuss steps parents can take to prevent gang involvement.

The first and most important step is to become aware of gangs, gang members, and their activities. As a parent or concerned citizen, you need to know that prevention is the key to controlling gang activity. Learning the warning signs of gang membership will prepare youth better direct your children away from gang involvement.

*While many of these indicators, viewed separately, are not signs of gang involvement, viewed together

protect your and your family's privacy, remove any personal, identifiable information from prescription bottles or pill packages before you throw them away.

Go check out the "[Parent Toolkit](#)" from www.drugfree.org

What You'll Find Inside we know you are going to find helpful

Humor

Little Johnny's preschool class went on a field trip to the fire station. The firefighter giving the presentation held up a smoke detector and asked the class: "Does anyone know what this is?"

Little Johnny's hand shot up and the firefighter called on him.

Little Johnny replied: "That's how Mommy knows supper is ready!"



GRANT WRITING

For full list of grant resources, go to:

[San Juan Safe Communities Grant Funding](#)

[San Juan Safe Communities Grant Writing](#)

[SAMHSA Funding Opportunities](#)

Applicants Invited for Multi-State Mentoring Initiative

they may indicate gang involvement.

Associating with a new set of friends while ignoring old friends. Usually will not talk about new friends, who they are or what they do together. This would also include a change in places that your child frequents, such as going to public parks or different clubs, or just wanting to "cruise" with friends in vehicles not going anywhere specific.

Change of hair style and/or clothing or associating with other youths who have the same hair style and/or clothing. Usually some of the clothing, such as a hat or jacket, will have the gangs initials, and/or the youths "street" name on it.

Increase in amount of money they have, without explanation where it came from, or other possessions that youth could not have bought themselves.

Indications of drug, alcohol or inhalant abuse. Signs of inhalant abuse will sometimes be paint or "white-out" found on the youths clothes, or the smell of chemicals on their clothes.

Change in attitude about things the youth used to enjoy such as sports, scouts, or church. Youth becomes a discipline problem at school, in public, or in the home. Youth no longer accepts parents authority and challenges it frequently.

Problems at school, such as failing classes, "skipping" school, causing problems in class, or being disrespectful to teachers.

Usually will show fear or disrespect of the police.

Signs that youth has been in a fight, such as cuts and bruises or complaints of pain, but youth won't

Application deadline: April 22, 2010
OJJDP invites applicants under its [Multi-State Mentoring Initiative](#) to propose the enhancement or expansion of initiatives that will assist in the development and maturity of community programs to provide mentoring services to high-risk, underserved populations. National organizations are not eligible to apply for this initiative. (OJJDP)

Funding Available To Enhance Mentoring Programs

Application deadline: April 14, 2010
OJJDP announces its [Strategic Enhancement to Mentoring Programs](#) solicitation, which seeks to improve the services that mentoring programs offer youth at risk for delinquency or who may become involved with the juvenile justice system. (OJJDP)

Apply for Victim Assistance Solicitation

Application deadline: April 27, 2010
The [Victim Assistance Professional Development Fellowship Program](#) will support outreach activities in six categories: victim assistance and compensation, tribal communities, underserved crime victims, evidence-based training and technical assistance, federal and military victim assistance, and financial fraud and nonviolent crime. Fellowship awards will be for up to \$135,000. Grant recipients will work onsite at OVC in Washington, DC. (OVC)

Assistance Available for G.R.E.A.T. Program Grantees

Application deadline: April 22, 2010
The Bureau of Justice Assistance is [seeking applications](#) from

explain what happened.

Graffiti is present on or around the youth's residence, or on notebooks or other possessions of the youth.

Sometimes the family will be threatened by rival gang members, or more tragic, the family will be a victim of a drive-by shooting before they realize their youth is in a gang.

If several of the indicators above are found in your youth, then there is an indication your youth may be involved in a gang. As a parent, you may wish to search your youth's room or vehicle for weapons or drugs. This is not a violation of your child's privacy; it is an act that may protect your child as well as the rest of the family.

For help, contact us at 599-1492 or check out our web site at www.sjsoci.org.

Research and Resources

BJS Launches Redesigned Website

The Bureau of Justice Statistics (BJS) website has been redesigned and is now available at: <http://bjs.ojp.usdoj.gov>. Many new features and tools have been added, and the site's content has been completely reorganized to allow users to quickly find the information they're seeking. New features include enhanced search capabilities, prominent placement of new products and announcements on the homepage, RSS feeds, and more. Tutorials are available to help users become familiar with the new site and its features.

organizations to assist Gang Resistance Education And Training (G.R.E.A.T.) Program grantees. Awardees will provide training and technical assistance to recipients of G.R.E.A.T. grants. (BJA)

Funding Available for Tribal Communities

Application deadline: May 13, 2010
The purpose of the [Coordinated Tribal Assistance Solicitation](#) is to improve public safety and victim services in tribal communities. This solicitation gives federally recognized tribes and tribal consortia an opportunity to develop a comprehensive and coordinated approach and to apply for funding that will enable them to reduce and prevent crime and victimization. (OJP)

Suppression

We are looking for members who might want to volunteer to sit on one of our various sub-committees to drill down and focus on specific issues in the following suppression areas: Street Gang Intervention System Development (there is a Suppression component in it), and taking a look at new policing strategies in context of the "drill down" approach.

If you are interested in working on any of these areas, please email us at info@sjsoci.org or call our office at 505-599-1492, or contact the Suppression Committee Chair, Sheriff, Mark McCloskey at mccloskeym@sjcounty.net.

The Real Impact of the Border Drug Violence: under reporting by the mainstream media.

According to the Stratfor Intelligence Report, January, 2010, there were 7300 reported drug-related homicides on the Mexican side of our southern border in

Genetic Risk Factors for both Marijuana and Alcohol Abuse Similar

A new study has found that use and misuse of alcohol and marijuana are influenced by a common set of genes. The results are in the March 2010 issue of *Alcoholism: Clinical & Experimental Research*.

Marijuana is the most commonly used illicit drug in the United States. Roughly eight to 12 percent of marijuana users are considered "dependent" and, just like alcohol, the severity of symptoms increases with heavier use.

[Read More.](#)

Study: Friends, Relatives Biggest Source of Opiate Painkillers

A startling 97 percent of individuals who misused painkillers like Vicodin and OxyContin said that they got the drug from a friend or relative with a prescription, [HealthDay News](#) reported Feb. 18.

About three-quarters of those who got the drugs from friends or relatives said they did so to relieve pain; 15 percent said they acquired the drugs "for fun."

Study co-author Erin Johnson of the Utah Department of Health urged residents to discard their leftover medication, but acknowledged that many people are unwilling to do so because they paid for the drugs and believe they might need to use them in the future.

The study was published Feb. 19, 2010 in the *Center for Disease Control and [Prevention's Morbidity and Mortality Weekly Report](#)*.

2009. That averages out to 608 deaths per month, directly related to the turf wars, predominately between the Juarez and Sinaloa drug cartels, in the state of Chihuahua (Juarez), and the Gulf cartel and the Los Zetas street gang (Monterey). For more information, and for weekly updates go [Click Here](#) to the "INTEL" section of our website.

YOUTH ISSUES

Ecstasy Especially Deadly for Young Users, Study Finds

Ecstasy is a stimulant like various classes of amphetamines, but the popular club drug is more likely to kill young and otherwise healthy users, [Reuters](#) reported Jan. 29.

U.K. researchers who studied ecstasy and amphetamine related deaths found that ecstasy-related deaths were more common among "victims who were young, healthy, and less likely to be known as drug users." Study author Fabrizio Schifano of the University of Hertfordshire said that ecstasy seemed to have a higher "intrinsic toxicity," particularly among users ages 16-24. Schifano speculated that the deaths could be related to the fact that adolescents' brains are still developing.

The study was published in the journal [Neuropsychobiology](#).

CADCA Institute Expands Ambassador Program

CADCA's National Coalition Institute is expanding its Ambassador Program, a workforce and leadership development initiative for young adults interested in exploring the community coalition field as a career path. Applications for the program will be available on the CADCA Web site www.cadca.org beginning Monday, April 12, 2010.

Upcoming Events and Training Opportunities

[For all events, please visit the SJSCI online calendar](#)

Meth 360

We offer presentations specifically targeting: community groups, parents, teachers, and churches. The presentations will begin a dialog with these groups about what each can do to impact the problem of methamphetamines within our community. To schedule an event, go to [our website](#) and click on the Meth360 button.

Why, Why, Why???



Why do we have drive up ATM machines with Braille lettering on the keys???

Why don't we ever hear of a Psychic winning the lottery???

The CADCA Institute's Ambassador Program aims to increase diversity and retention of persons age 18-30 involved in anti-drug coalitions that serve economically disadvantaged communities. CADCA will identify up to 15 people to serve for a period of two years.

[Read More.](#)

Researchers Warn About Dangers of Synthetic Marijuana

Imagine spraying dry herbs with unknown chemicals and then smoking them? That's what some youth are doing to get high from what is known on the streets as "spice" or "K2," a synthetic marijuana product sold at convenience stores and smoke shops. However, instead of the typical marijuana-like effects, many youth are turning up in Emergency Rooms with rapid heart rates, elevated blood pressure, severe agitation, anxiety and vomiting.

The product is growing in popularity because it is legal, purported to give a high similar to marijuana and believed to be natural and therefore safe. But researchers say synthetic marijuana is really an unregulated mixture of dried herbs that could contain toxic chemicals.

[Read More.](#)

Join Our Mailing List!
San Juan Safe Communities Initiative
 100 W. Broadway
 Farmington, NM 87401
 (505)599-1491
www.sjsci.org



LINKS

For more...check out these links.

[Visit our new Safe Communities Facebook page and become a Fan](#)

Please Join In The Rooms-an Online Social Networking Site for the Recovery Community

Join In The Rooms-the Web's newest and most comprehensive social networking site for the worldwide recovery community. In The Rooms provides resources for people seeking help or treatment, for people in recovery, and for friends, family, and allies of those in recovery. You can join online meetings and affinity groups, browse the library for articles, connect with other resources for recovery, and take an active role in promoting recovery. Join here: <http://www.intherooms.com/>.

**STAND (Students Taking Action Not Drugs)**

Keep up-to-date by [becoming a friend of the Partnership](#) on Facebook!

Find us [@drugnews on Twitter](#) for the latest news about drugs and alcohol

<http://bjs.ojp.usdoj.gov> : Bureau of Justice Statistics:

Related Resources

<http://www.samhsa.gov/treatment/> - Samhsa Website to "Find Treatment"

www.rxotcawarenessmonth.com - Prescription Drug Awareness website

www.sjcbridges.org - St. Joseph's Bridges Out of Poverty

<http://www.samhsa.gov/treatment/> - SAMSA Website to "Find Treatment"

www.rxotcawarenessmonth.com - Prescription Drug Awareness Site

[Expand Your Universe - Mentor a Child](#)

[MENTOR, The National Mentoring Partnership](#)

[National Mentoring Center](#)

[Stalking Resource Center](#)

[Working Together to End the Violence: Stalking](#)

<http://www.datehookup.com/content-violence-in-dating.htm>

www.checkyourself.com (A place for teens to check out where they are with drugs and alcohol.)

www.drugfree.org/meth360

www.drugfree.org/parents360

www.drugfree.org/wrecked

[ONDCP National Youth Anti-Drug Media Campaign](#)

The Office of Juvenile Justice and Delinquency Prevention (OJJDP) announces the availability of ["OJJDP News @ a Glance," May/June 2009](#)

<http://www.recoverymonth.gov> - Recovery Month Events (from CADCA)

<http://teacherpathfinder.org/Parent/drparent.html> -Parenting Resources

<http://www.crystalrecovery.com/>

[National Criminal Justice Reference Service \(US DOJ\)](#)

www.narconon.org

[Harvard Mentoring Project](#)

[Teachers Magazine](#)

[Substance Abuse and Mental Health Services Administration](#)

[Parents The Anti-Drug](#)

[Drug Free America Foundation, Inc.](#)

[National League of Cities, Institute for Youth, Education, and Families](#)

[The Meth Project](#)

[Meth Awareness Project](#)

[Meth Resources.gov](#)

[The Office of National Drug Control Policy](#)

[Meth-Free Montana; Most of Us](#)

[National Gang Crime Research Center](#)



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