

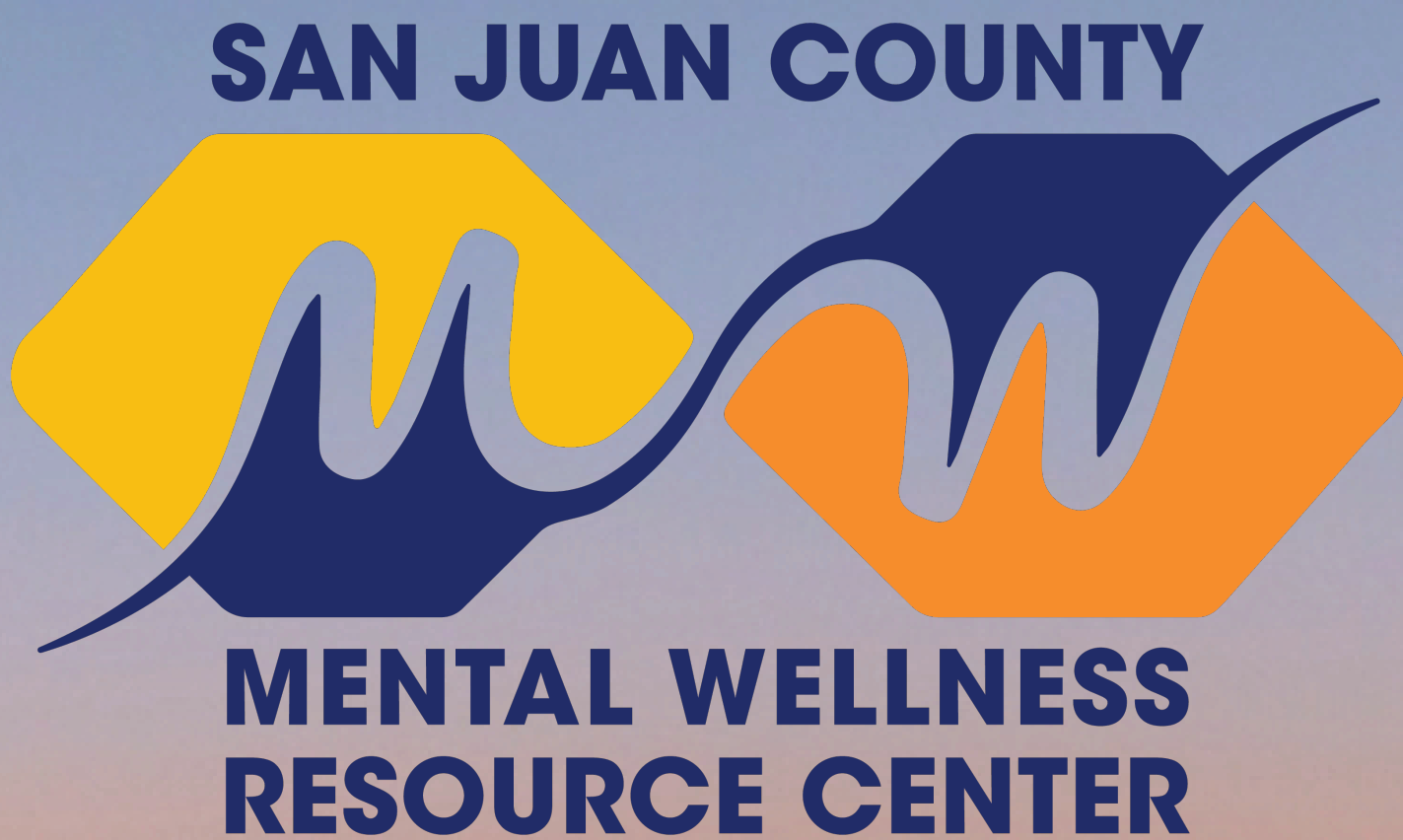
Finding mental health services can be confusing and discouraging.

Q What do I need?

Q Where do I go?

Q How do I pay for it?

Q How do I get there?



Emphasizing individualized connections that enhance and support lifelong mental wellness.

Experienced Peer Mentors assist with:

- Understanding needs; Empowering self-directed choices and decisions
- Navigating healthcare coverage options
- Building a positive, supportive network
- Comprehensive and current resource directory

*Be kind to your mind!*

*Find the connections you need at The Mental Wellness Resource Center*

WWW. SJCounty.net/MWRC | (505) 636-7110

814 West Maple Street | Farmington, NM

9:00 am to 5:00 pm | Monday - Friday