

Behavioral Health Providers available in San Juan County during COVID 19

Be sure to LIKE San Juan County New Mexico Mental Health Task Force on FACEBOOK for updates

Also Find on San Juan Safe Communities Initiative website on the MHTG page

<http://www.sjsoci.org/bh-provider-during-covid-19>

Updated 04/27/2020 at 2:30 pm

NEW MEXICO CRISIS HOTLINE

Crisis and Access Line 1-800-662-7474

NEW MEXICO PEER TO PEER WARMLINE

1-855-4NM-7100

Peer to Peer Warm Line call or text to connect with a Peer 1-855-466-7100

COMMUNICATION BARRIERS

Relay New Mexico RelayNM.org

Dial 711 or one of the toll-free numbers below:

Communication services for hearing impaired, blind, deaf-blind, and Spanish.

TTY (Text Telephone) 800-659-8331

Voice: 800-659-1779

VCO (Voice Carry Over) 877-659-4174

STS (Speech-to-Speech) 888-659-3952

Spanish Relay: 800-327-1857

FOOD BOXES

First Presbyterian Church

865 North Dustin, Farmington

Food boxes are available Monday – Thursday 9:00 am to 1:00 pm

Frontline Mission

129 North Behrend, Farmington - 505-564-3740

Mon, Wed, Friday 8:00 am to 11:00 am

Bring NM ID or some form of ID.

Please bring your own box or container if available

The Lord's Food Pantry – Oasis Ministries

505-325-1757

DRIVE UP – Please Stay In Vehicle

1601 N. Dustin #B, Farmington

Thursday only from 4:30pm to 6:30pm

Catholic Charities

119 W. Broadway Ave, Farmington - 505-325-3734

Wednesdays only 10:30 am to 12:30 pm

ENDS APRIL 30th.

LOCAL COUNSELING SERVICES

Angel Peak Counseling (505)-330-8220 Monday - Thursday 11:00am to 6:00pm

Taking new clients: Yes

Services they currently offer: Telehealth and in-person crisis assessment

Behavioral Health Providers available in San Juan County during COVID 19

Be sure to LIKE San Juan County New Mexico Mental Health Task Force on FACEBOOK for updates

Also Find on San Juan Safe Communities Initiative website on the MHTG page

<http://www.sjsoci.org/bh-provider-during-covid-19>

Cottonwood Clinical Services, Inc. 505-564-3733 Monday-Friday 9:00 am – 6:00 pm

653 W. Arrington, Farmington

Services: Adult/Adolescent Behavioral Health & Addiction Services to include; Assessment, Group, Individual, IOP (Intensive Outpatient), CCSS, Anger Management & MRT.

ALL Services being provided by telehealth (ZOOM/TELEPHONE) including intakes.

Taking New Clients: Yes

Medicaid/Commercial Insurance/Contracts/BHSD/Cash

ATB Behavioral Health Services, (505) 947-9990 Monday - Friday 8:00am – 5:00pm

Taking new clients: Yes, 4 clinicians

Services they currently offer: Telehealth, virtual EMDR, Teleplay therapy, Art therapy Virtually

Blue Cross Blue Shield Medicaid Justice Program Jack.Bixler@bcbsnm.com

Continuing to work with clients to get them into services as they are notified of their release from San Juan County Adult Detention Center.

Presbyterian Medical Services (PMS) (505) 325-0238 Call for apt or before coming in.

New clients accepted.

Services currently offered-Medical services-screening and separating. Drive-up pharmacy.

Behavioral health services, telephonic counseling and assistance, zoom groups, open for assessments using social distancing. On call crisis therapist-Monday-Friday, 7am-6pm. CCSS by phone for pick-up and delivery of needs. PSR is open.

San Juan Health Partners Behavioral Health Clinic 505-609-6680

Open M-F, 8:00 AM to 5:00 AM

Psychiatry: Evaluation, medication management by Zoom or telephone, taking new appointments

Psychotherapy: Counseling for children and adults by Zoom or telephone, taking new appointments

Desert View Family Counseling- Rick Quevedo

Crisis # 505-947-4471 Office # 505-326-7878 Monday-Thursday offering telephonic, zoom, google duo, facetime and google hangout (which an approved app the kids have on their school laptop) We are taking new clients. All groups are suspended at this time. Supervised visits, in home services, truancy court and wraparound will be done by any of the video apps listed above.

Jasper and Associates

Schedule appointments by phone, fax, or email.

(505) 326-0241 Phone

(505) 325-8356 Fax

frontdesk@jasperandassociates.org email

2901 E. 20th St. Suite 104, Farmington

We are offering sessions via Zoom, Skype and telephone. We accept most major insurance companies and our self-pay rate is \$130/session.

Manz & Stacey Coaching & Counseling

832-630-3022

Behavioral Health Providers available in San Juan County during COVID 19

Be sure to LIKE San Juan County New Mexico Mental Health Task Force on FACEBOOK for updates

Also Find on San Juan Safe Communities Initiative website on the MHTG page

<http://www.sjsoci.org/bh-provider-during-covid-19>

3510 Messina Dr, Farmington

Jean and Charles are available to help those experiencing a difficult time during the COVID-19 Stay at Home Order. Offering individual and couples counseling as well as support for therapists. Schedule an appointment through the website for video counseling sessions.

counselingfarmingtonnm.com

SEXUAL ASSAULT AND COUNSELING SERVICES

Sexual Assault Services of Northwest New Mexico

622 W. Maple Suite F., Farmington, NM 87401

Office: (505) 325-2805, Fax: (505) 326-2557

Crisis Hotline: (505) 326-4700 or Toll Free: 1-866-908-4700

Advocates respond to Sexual Assault Crisis calls 24-7 and help set up Sexual Assault Forensic Exams

Office Hours: 8:00 am to 5:00 pm

Taking new clients.

Therapists are currently working from a Therapy waiting list; **we are taking referrals** for therapy and placing people on the waiting list (we provide information for other options while they are on our therapy waiting list). Therapist also provide crisis stabilization appointments for clients who have experienced sexual assault or are waiting on the therapy waiting list. Due to COVID, our therapists are working from home and providing tele-therapy to all clients.

All services are provided free of charge.

DOMESTIC VIOLENCE SERVICES

Family Crisis Center (505)325-3549 M-Thurs 8am-9pm

208 E. Apache, Farmington

New clients accepted for counseling and for shelter. Call for an appointment for counseling or shelter

Hotline-(505)564-9192

LOCAL PEER SUPPORT

San Juan Peer Support (San Juan Safe Communities Initiative)

Cindy Collyer Certified Peer Support Specialist (575)758-9523

General conversational support for anyone recovering from or wishing to recover from Substance abuse and mental health issues. No charge.

TREATMENT SERVICES

Totah Behavioral Health (505)564-4804

Sobering Center (505)609-3520

1615 Ojo Court, Farmington.

Out-client: Still offering the full range of services, although, we are trying to shift most therapy sessions to telephonic. We are screening for symptoms as people enter the building. No more than 4 people in the lobby at any given time. Groups are still being conducted.

Sobering Center: People are being screened as they enter the building. The Sobering Center is still operating as usual.

JIP: Relatives are confined to campus and all groups are being conducted in the dorm.

Four Winds Treatment Facility (505)327-7218

Monday – Thursday 8:00 am – 4:00 pm

Behavioral Health Providers available in San Juan County during COVID 19

Be sure to LIKE San Juan County New Mexico Mental Health Task Force on FACEBOOK for updates

Also Find on San Juan Safe Communities Initiative website on the MHTG page

<http://www.sjsoci.org/bh-provider-during-covid-19>

Friday 8:00 am – 3:00 pm

1313 Mission, Ave, Farmington

Front doors are currently locked and monitored during business hours. Knock and wait until someone greets you.

Services: Currently offering inpatient substance abuse treatment. Open and accepting new clients. All new clients are screened before joining groups or other clients. Family Day, visiting, IOP, and OP are temporarily suspended until further notice.

Ideal Option

Services: Low-barrier access to medication assisted treatment for substance use disorders. Appointments available virtually. Medicaid, Medicare, Tricare, and all major insurance plans accepted.

For appointments, go to www.idealoption.com/virtual Or call 575-567-3026

Hours: 7am to 7pm

Website: www.idealoption.com

Taking New Clients: Yes

STUDENT SERVICES

Aztec Schools Glynnis Maes (505)419-9926 cell (575)312-9724

Outreach to students in need via Telehealth and Zoom. Will soon set times for phone meetings with parents. Pushing out resources.

Farmington Municipal Schools Debbie Murphy (505)609-0526

Outreach to students in need via Telehealth and Zoom.

OTHER SERVICES

San Juan County Health Dept (505) 327-4461

Family Planning, Harm Reduction, WIC services by appointment only. Covid-19 testing by referral and screening/appointment only.

INMATE SERVICES

San Juan County Adult Detention Center (505) 566-4500

Wellpath Mental Health Coordinator

Gretchen Potter gapotter@wellpath.us

ONLINE RESOURCES AND SERVICES

1. All Recovery Meetings:
<https://unityrecovery.org/digital-recovery-meetings>
2. Variety of meetings: <https://www.intherooms.com/home/>
3. Women for Sobriety: <https://wfsonline.org/>
4. SMART Recovery:
<https://www.smartrecovery.org/community/calendar.php>
5. LIFERING: <https://www.lifering.org/online-meetings>

Behavioral Health Providers available in San Juan County during COVID 19

Be sure to LIKE San Juan County New Mexico Mental Health Task Force on FACEBOOK for updates

Also Find on San Juan Safe Communities Initiative website on the MHTG page

<http://www.sjsoci.org/bh-provider-during-covid-19>

6. Recovery Dharma: <https://recoverydharma.online/>
7. Refuge Recovery: <https://refugerecovery.org/meetings?tsml-day=any&tsml-region=online-english>
8. 12 step <https://www.12step.org/social/online-meetings/>
9. Eating disorder anonymous
<http://eatingdisordersanonymous.org/phone-zoom-meetings/>
10. Specialized Intergroups
https://aa-intergroup.org/directory_audio-video.php
11. Secular AA
<https://secularaa.org/online-meetings/>
12. Al-Anon
<https://al-anon.org/al-anon-meetings/electronic-meetings/>
13. Adult Children of Alcoholics (or dysfunctional families)
<https://adultchildren.org/quick-search/?onlinebt=Click+Here>
14. Narcotics Anonymous
<https://fourcourners.riograndena.org/?current-meeting-list>
15. District 8 AA Hotline 505-327-0731
<https://s818275959.websitebuilder.online/>
16. Depression support
<https://www.healthcentral.com/slideshow/things-i-do-every-day-to-beat-depression>